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# Publick Occurrences

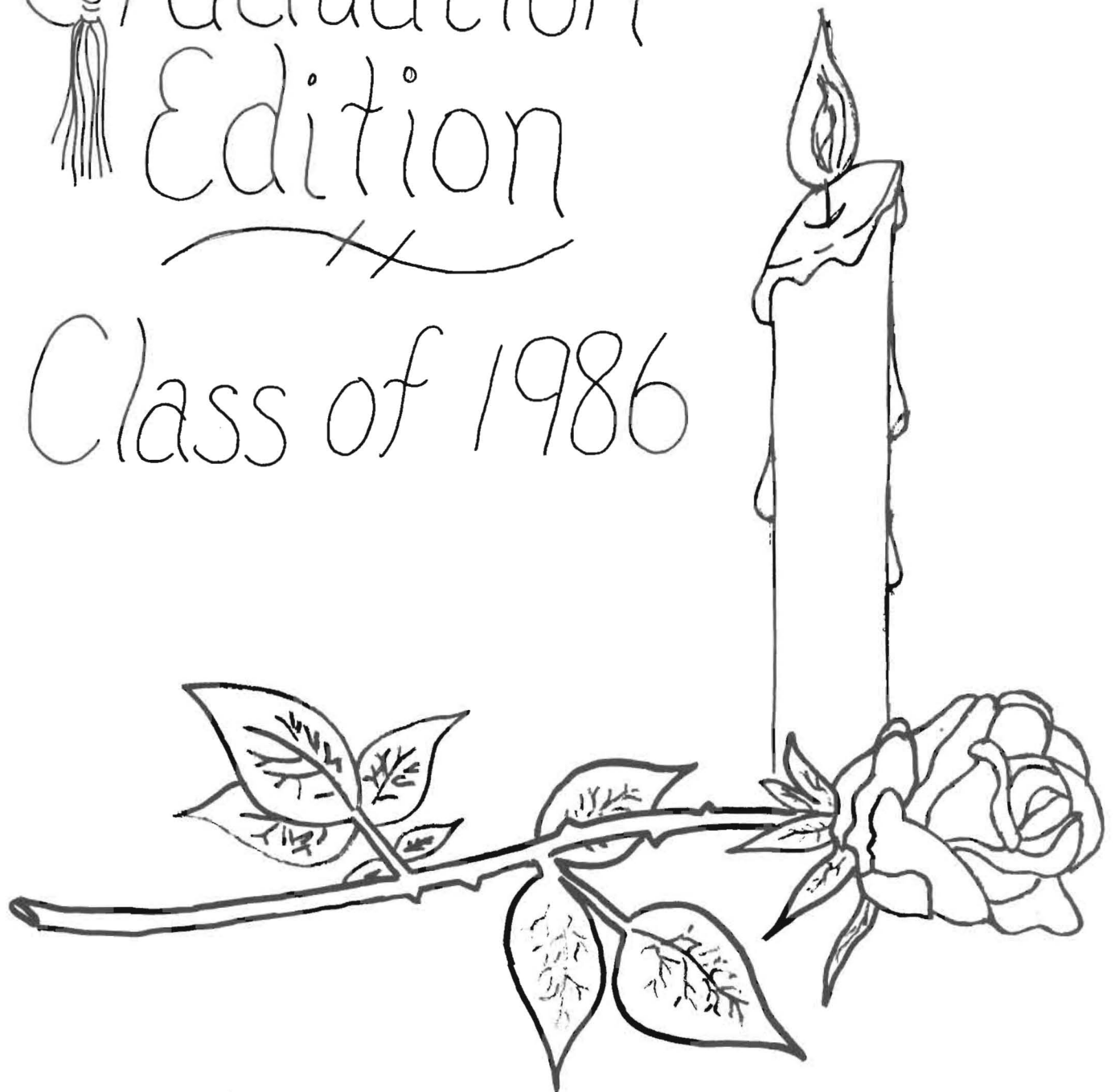
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Vol. III, No. 8

May, 1986

Graduation  
Edition  
Class of 1986



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Advisor: Amy Barna

Thank You!

# Dedication

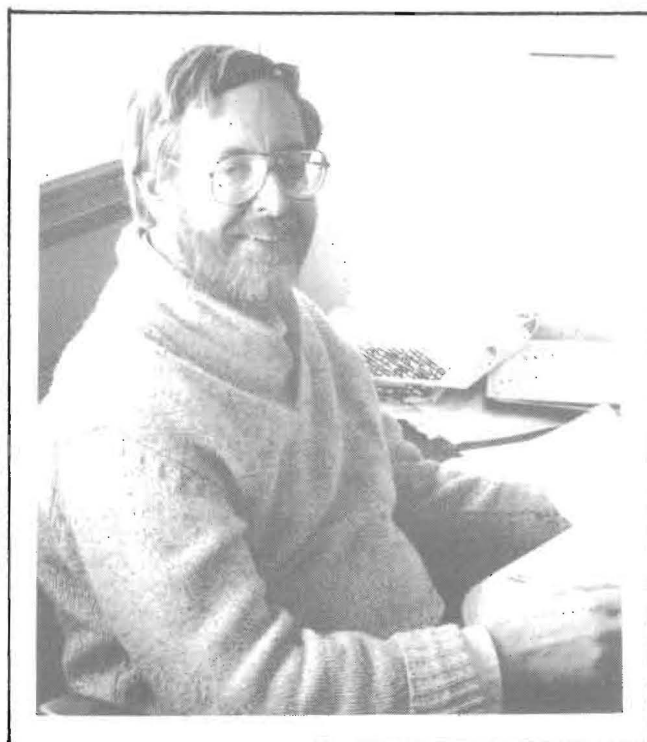


## *Sr. Jean Scanlan*

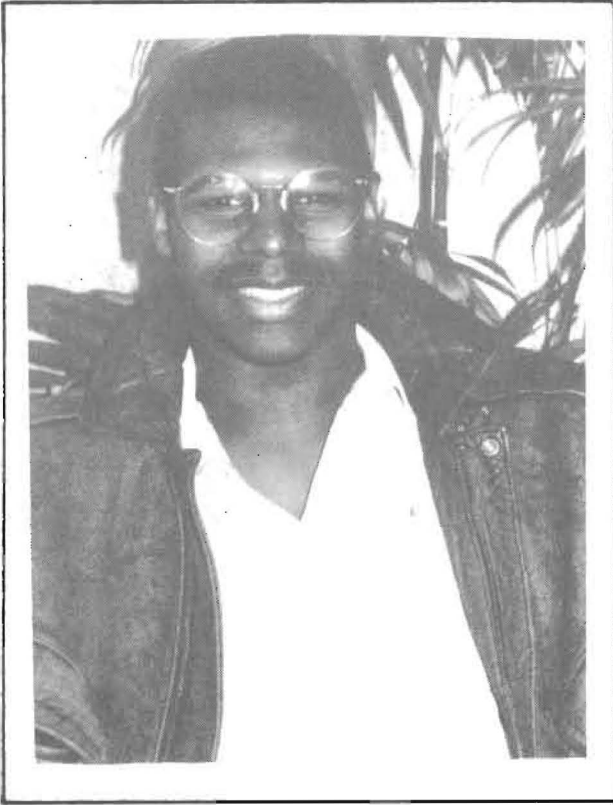
Throughout our days at C.S.J. we have seen this quiet individual named Sister Jean spreading her sunshine throughout the community. Whether instructing or being a very hard fill in worker Sister Jean always had time to put a smile on the faces of the Senior class. Receiving an Education is our goal but along the way we are extremely happy to have this path flowered by the sweetness that Sister Jean represents. The class would like to say Thank You and hopes that the growth she has inspired in us will shine forth in what we do in the future.

## *Michael Austin*

The Senior Class would like to thank Mr. Austin for his continued service to the students of the college community. Whether in a classroom, in the hallway, or several social locations around campus or the community, Mr. Austin is always there with a smile and a never ending supply of energy. The students of the class of 1986 want to say Thank You. The best part of all is that he is a good enough friend that everyone feels comfortable calling him Mike.



*Seniors*

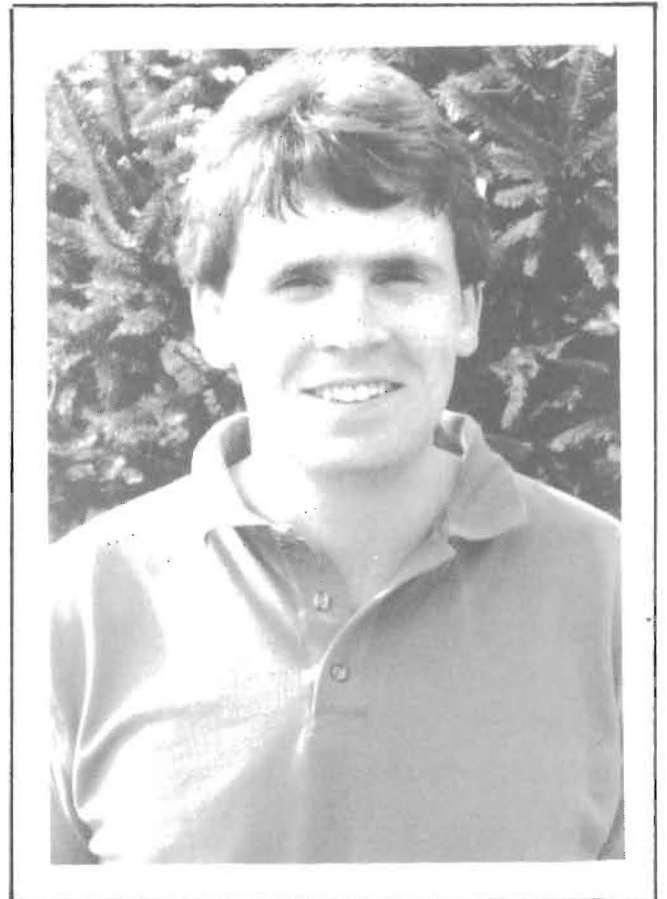


*Terrance Baker*

"Don't Be Afraid to be the Best"

*Michael Magner*

"Mother's perfect little boy"





*Jonna  
Creed*

"To expand one's heart and mind and to reach out to others is the key answer to Life."

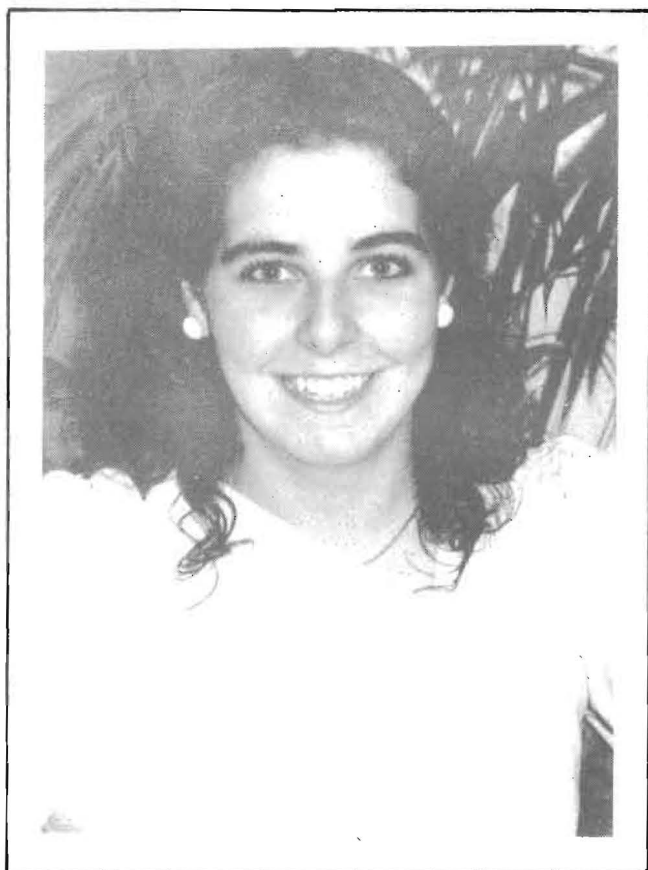
*Darlene  
Hetzl*



*Carol  
Burgess*

"My heart, which by a secret harmony, still moves with thine, join'd in in connection sweet."  
- John Milton

"I can do all things through Christ who strengthens me."  
-Philippians 4:13





*Kristie  
Hard*

"The cow is of the  
bovine ilk; One end  
moo, the other milk"  
- Ogden Nash

*Patricia  
Alleva*



*Jeri  
Allen*

"I have nothing to  
Say."



"There is no distance  
too far between  
friends for friend-  
ship give wings to  
heart."



*Nancy  
Rudio*

"Life is the fullest  
thanks to friends."



*Teresa  
Magni*



*Judy  
Keough*

"The secret of  
education lies in  
respecting the  
pupil." - Emerson

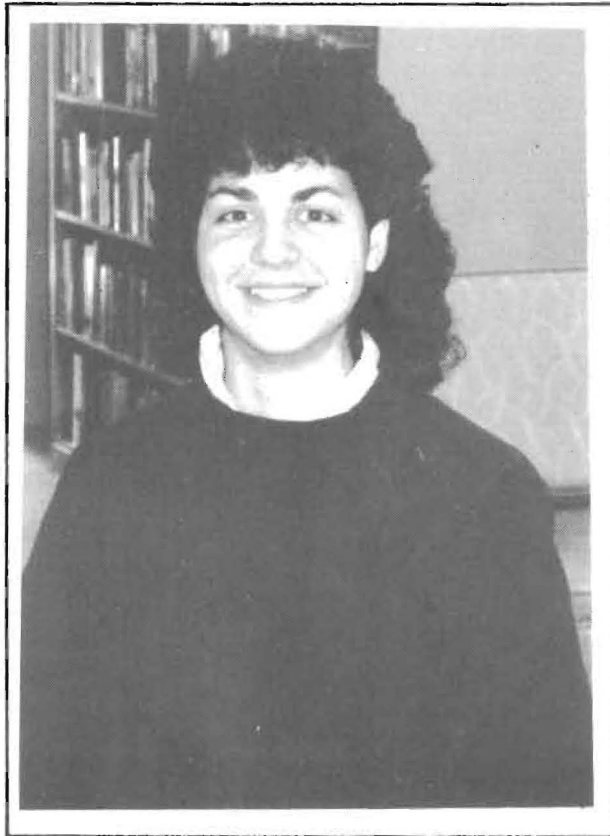


*Sarah  
Coleman*

*Robin  
Parker*

"I believe that children are our future; teach them well and let them lead the way. Show them all the beauty they possess inside. Give them a sense of pride...."

- Whitney Houston



"To know how to suggest is the great art of teaching"

- Amiel

*Kerry  
Valente*





*Lisa  
Legendre*

"Time is.... time was  
time is past."

- Robert Greene

*Melissa  
Stevens*



*Beth  
Merrill*

"We do not remember  
days, we remember  
moments."

- Cesare Pavese



"Don't let a little  
Academia get in the  
way of your educa-  
tion." - Twain



*Heather  
Duke*

"I decided long ago never to walk in anyone's shadow, if I fail, if I succeed at least I live as I believe."

- Whitney Houston

*Becky  
Whalen*



*Beth  
Stickney*

"Talk like a man,  
act like a lady,  
and work like a  
dog."

"Success is never  
too late."

# *Faculty, Staff and Administration*



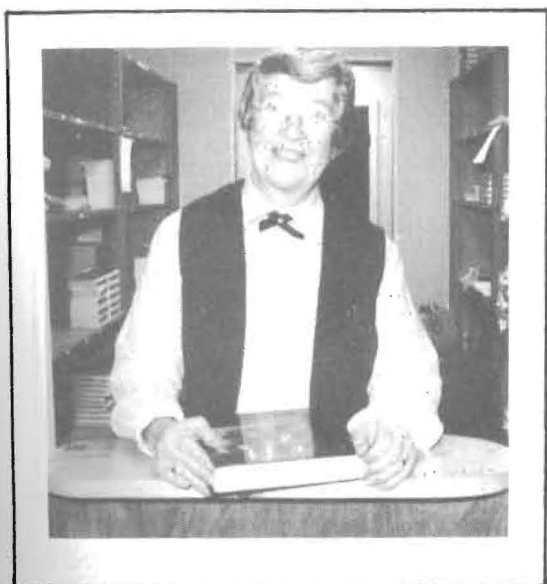
*Doreen McCullough, Assistant Librarian*



*Patty Miglorie, Registrar,  
Activity Coordinator*



*Sr. Monica Fitzgerald,  
Librarian*



*Sr. Fidelis McLee,  
Bookstore Manager*



*Barbara Mayhew,  
Medaille Dorm Director*



*Mark, Daniella & Cinda Payton,  
Roncalli Residence Directors*



*Mae West, Food Service*



*Darlene, Ted, Bob & Bill, Food Service*



*Pat Carbonell, Computer  
Systems Manager*



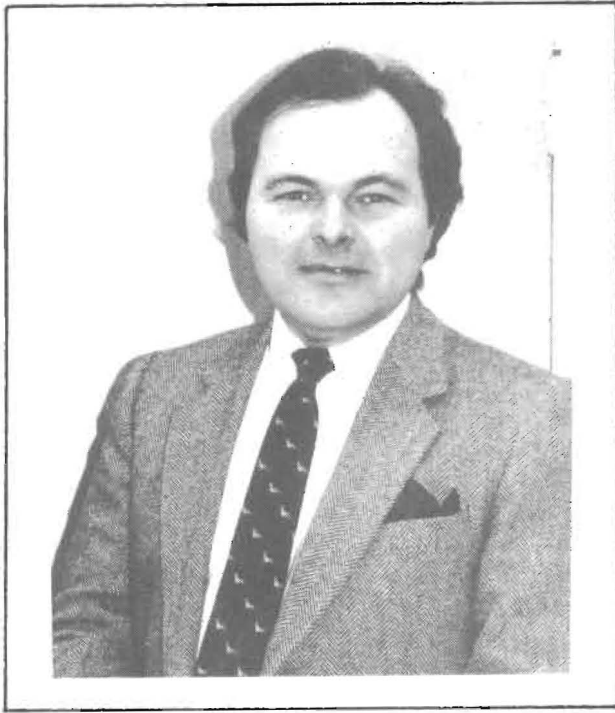
*David Beaupre, Sandy Carroll,  
Financial Aid.*



*Lou Palazzo, Career  
Development Director*



*Maria Bove, Nancy Courcella,  
Joan McNamara, Education  
|| Division*



*Frank Miglorie, President*



*Sr. Marianne Read, Academic Dean*



*Marilyn DeTizio, President's Secretary*

*Sr. Carol Young, Sr. Emmanuel O'Brien,  
Library Staff*



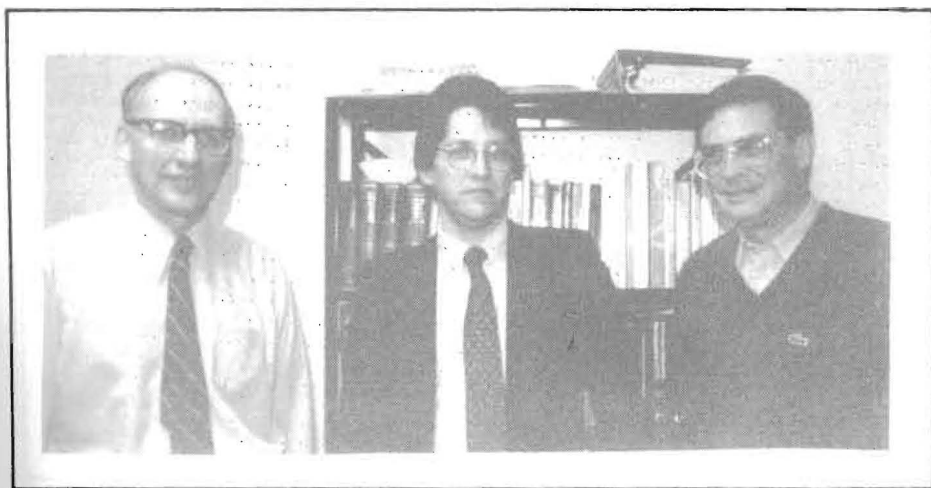
Amy Barna,  
Dean of  
Students, Arts  
& Sciences  
Faculty



Maura Naughton,  
Learning Resource Center



Peter Mailloux,  
Arts & Sciences  
Faculty



Bob Cornwall, Bob  
Anthony, Russ  
Maxwell, Business  
Faculty



*Mila Meier, Counselor,  
Arts & Sciences Faculty*

*George  
Valley,  
Arts &  
Sciences  
Faculty*

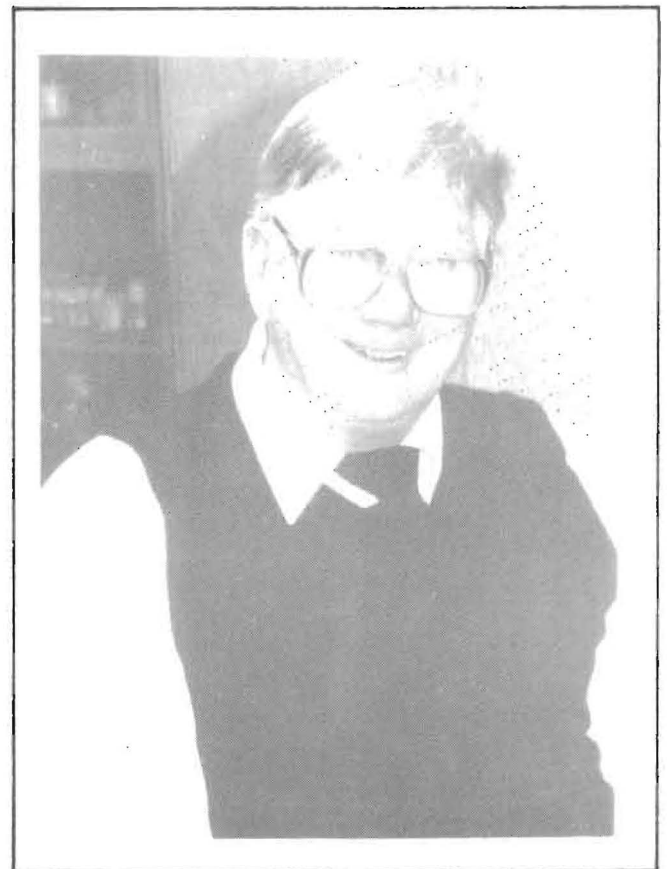


*This really is  
Elise Romano. It  
took Beth two  
years to get  
her picture,  
but she finally  
did it - sort of.*



*Sr. Judy Levins, Campus  
Minister, Arts & Sciences  
Faculty*

*Fred Csizmesia,  
Arts & Sciences Faculty*







*Carolyn Corcoran, Lisa LaFrance,  
Kevin Gallagher, Admissions*



*Linda Mattsson, Cori  
Fugere, Development*



*Sr. Miriam Francis  
Freedom, Maintenance*

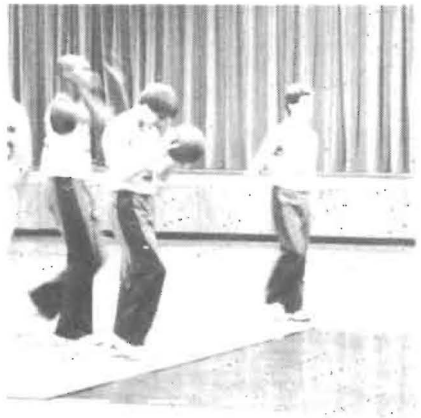


*Linda Welch, Winnie  
Grace, Marianne  
Baker, Business  
Office*

# *Athletics*



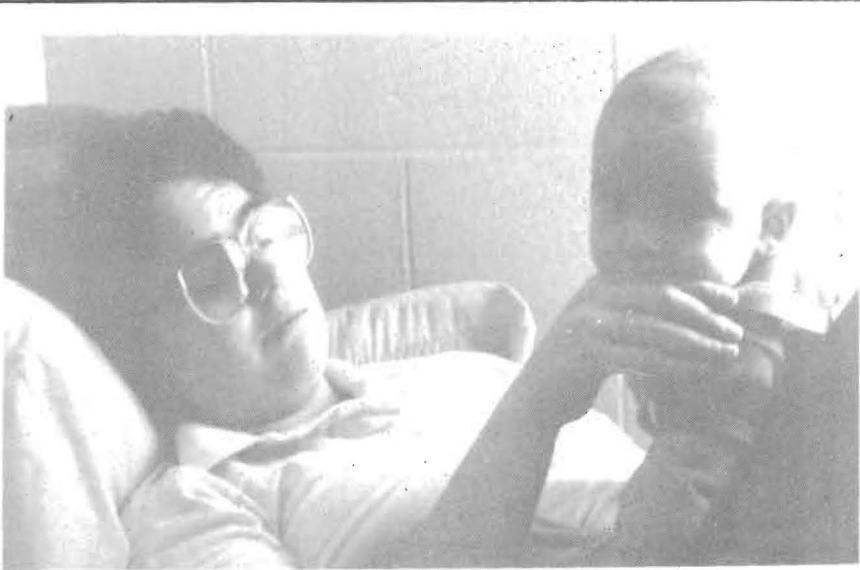
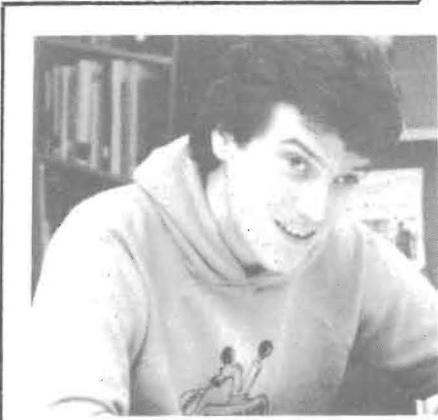






*Campus Life*



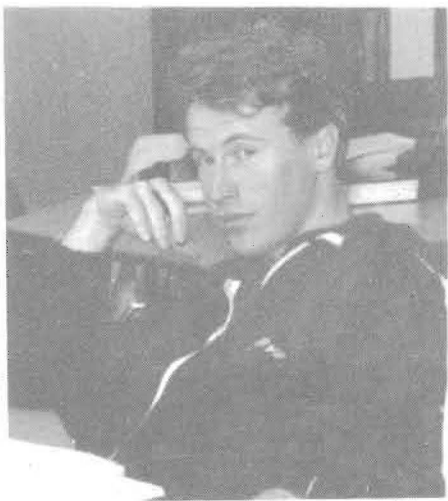












# Blue Collar Teachers

Teachers have very simple jobs. The jobs demand little of their time. A teacher spends about twelve hours in the classroom each week. This seems pretty good when also combined with the fact that they have summers off and enjoy a couple of week-long vacations during the school year. While it appears that teachers work very few hours in school, most teachers spend an enormous amount of time, outside the classroom, on school related subjects.

For one thing, teachers spend time outside of class, preparing and updating lesson plans. The lesson plans start out on a yearly basis and must be broken down into weekly and daily outlines. Educators set up goals for students to work towards and set up ways to assess achievement of those goals. Lesson plans require that a certain amount of information be taught to the student. In following the lesson plans, teachers must prepare and review reading assignments, set up and correct tests and quizzes, assign and correct papers. All of this must be done while taking into consideration the time needed for actual classes, but this is not all that is accomplished outside of the classroom.

Educators must also spend time outside the classroom reflecting on the accomplishments and setbacks of each class in order to plan for future goals. The way they do this best is through reflection and the process of updating lesson plans. Teachers must assume that some students have retained the knowledge taught to them earlier and that there will be those

students who either lack or cannot retain the recent information.

Educators also must take time out to participate in functions outside the classroom in order to educate the students socially. Educators find that they can build up the level of comprehension in the class through the rapport they establish by attending extra-curricular activities. Educators are able to show their interest in three ways.

The first area of interest is in sports. Teachers attend different athletic events in the hope of rallying with the students and building a supportive bridge for the classroom. The second area is their attendance at the different cultural activities offered by the school. Our educators attend such activities as musical productions, art demonstrations, and performances that are put on by the students. Teachers find that the students

need their extra attention to supply quality feedback. The third way is shown by the time spent at social functions. Students use social functions to celebrate their achievements as well as let off steam. Teachers attend the functions and demonstrate their recognition of us as fine young adults.

I have found that since I have been here at St. Joe's that my attitude towards teachers has changed considerably. I have seen some of our teachers such as Amy, Patty and Frank, and Maria who have created a beautiful social environment for us. They are able to lend an ear and a shoulder when necessary as well as assist us in growing up. I have noticed Peter and Bob who are always at attendance at the different sporting events, lending their knowledge and encouragement. Let us not forget the Coach. Mark acts as more than just an educator in sports but is there to give us an adult male's opinion on life. He appears almost as a father. Every now and then, one can find Sister Judy, sitting with the students, whooping at the different ball games. Mike has added much support to all the functions, so much so that when he is not there it makes one ask if something might have happened. There are a few of the many teachers who have given so much of themselves not just inside but also outside the classroom.

by Jim Kee

# Changes

Since my arrival at St. Joe's in the Fall of 1982, I have seen many positive changes in the physical appearance and atmosphere of the college. In four years, the following changes have taken place:

\*Freshman and Transfer Orientation have helped new students to feel more comfortable each year.

\*Amy Barna has become the Dean of Student Services. She has accomplished so much in three years as far as social activities, dormitory life, etc.

\*Frank Miglorie became the President of CSJ, making positive changes in Faculty and Atmosphere at the college. He's done a tremendous job!

\*Sr. Miriam began to beautify our college by maintaining the dorms and taking care of St. Joseph's Hall.

\*The commuter lounge at St. Joseph's Hall was completely rebuilt with beautiful walls, rugs and new furniture.

\*The birth of the Career Development office guided by Lou.

\*Beautiful new offices for the Business Dept. have been established.

\*Numbers of new computers and Word Processors have been added to our computer division. This has been so helpful to students and faculty.

\*Patty Miglorie has added many new fun student activities to the schedules each year.

\*From my Freshman and Sophomore year, Bucci has completely changed. A dance floor and stage has been added, as well as a mirrored wall and video tv.

\*Mass on campus thanks to effort by Sr. Judy and others.

There are many other additions that I have not mentioned. But, I feel that there are an incredible amount of changes that have improved St. Joe's in just four short years. The speed is remarkable. And all of us have contributed to these events in some way or another, be it support or physical effort.

Now, I'm gone from St. Joe's but my faith and support in St. Joe's will carry on. Growth comes from change.

by Sarah Coleman

# Time Out

Unfortunately, good leisure time is often the first thing I let go of when my schedule starts to fill up. But that is really the time that is needed the most. Because rest and leisure, like work, are vital to my growth, development and overall good functioning.

Without it, I tend to feel somewhat out of control of my life. When I am tired, it is easy to feel overwhelmed by responsibilities, fragmented, unable to concentrate and sometimes even sad. My relationships with family and friends, even God, can become strained and even health suffers.

But I have found ways to make time for relaxation. Here are some suggestions that I have found to renew mind, body and spirit:

-schedule in periods of time for recreation or rest and treat them like other appointments.

-don't stay at your desk during a lunch break. Meet a friend for lunch, go for a walk, go to Mass.

-Instead of crashing on the sofa every evening, do something you really enjoy: take an aerobics class, read a novel, go to a movie, write letters.

-Get up 20 minutes earlier each day and enjoy a relaxed breakfast, a nice walk or run or some prayer time, reflection time!

by Jonna Creed

# Friends: A Matter of Choice

by Jim Keas

All too often we choose friends inappropriately, when we should choose friends who will help us grow. We are always susceptible to many people and we need to look at just how we choose friends. We often times choose friends who are popular. When we choose friends who are popular, we are actually choosing ones who can lead.

We choose popular people in order to be part of a group. We want our inner selves to be recognized. The ideal of a popular friend usually means that we will become popular. We often times enter those groups in order to prevent being lonely.

Groups reflect a small part of society. As we grow to become adults, we enter into and accept society's values and norms. A small part of society is experienced in our social groups. We explore and discover those values and norms and what it means to be part of a group.

As a result, we often times find ourselves succumbing to the pressures of norms. We all desire to be liked and respected and a group offers us that chance. The problem with that is the way in which we choose a group. We desire popularity and as a result, we do what everyone else is doing in order to be part of the norm. We give up a beautiful part of ourselves in order to find what we think we are looking for.

We are afraid of being alone and by being part of a group we eliminate that feeling. Loneliness is isolation from life's experiences and it is a type of death. We think that we can hide that feeling. While in actuality, we have allowed a part of us to die.

Loneliness is a concept that we have all experienced at one point or another. Some of us have experienced this concept much more than others, thus making us less open to friendships. A person usually finds it hard to make friends after having been hurt a great deal. In joining a group we can actually hide from ourselves and from the hurt and loneliness.

Now that we have looked at a few of the inappropriate reasons for choosing friends, let us look at why we should choose friends that will help us grow. In choosing friends that help us grow, we actually become individuals. An individual is in his own right a leader. Anyone can be part of a group but to be a leader is actually a growth experience.

We should choose friends that will allow us to share our feelings. When people can share their feelings, they can grow both emotionally and spiritually. Emotions are important in that they help the spirit to grow and enable

it to deal with life. When people are able to share their feelings, they are able to build a bond of trust through spiritual development. With a strong spirit and a bond of trust, we can only continue to grow in friendship.

We need to choose friends that we can trust in order to grow. In having trust, we know that we will not be let down or lied to and that they can depend on the same thing. We know that we will back each other when we fail. Trust becomes a safety net thus allowing us to grow. Without it, we find that we isolate ourselves thus not allowing us to grow. When we know we can trust, we will take care of each others' needs. This can only build trust to it's highest ideal, allowing us to take a giant step in growth.

We are able to understand the concept of trust, due to the family unit. The family is in itself a social group. We learn through them what it means to trust, to share our feelings, and to grow. This can explain why we look for a group to belong to as we leave home. We know that one day we will have our own family group but until then, we need a group to help make a growth experience or transition.

We need to choose friends that are like family or that will treat us like family. We know that within a family we have our negative moments but those moments help us grow. In a family there are restrictions just as there need to be in a friendship. Everyone has limits and a family helps us to understand those limits and follow restrictions. This can only help us in a friendship. Friends, just like family, have limitations and restrictions and sometimes blow-ups occur.

In choosing a friendship that does have its limitations, we can grow. We all have limits and when that point is reached, a blow-up occurs. This simply tells both parties that something has gone too far. When a blow-up occurs it is often due to the fact that we see the other person overstepping the limitations and some one is about to get hurt. Limitations can only help us grow.

We need friends to act as a mirror in order to help us grow. In acting as a mirror, we enable both parties to be themselves. We can see just what it is that we are saying and doing. When we do not act like ourselves, our true selves can not be reflected. We end up treating each other differently because neither party can be totally honest, totally trusting or totally open. When we act like ourselves, our trueness can be reflected.

When a person acts differently in a friendship, that image will be

reflected. A friendship that can do this openly and honestly is very special. This is due to the fact that both parties are able to reflect the falseness and deal with it accordingly. If a friendship can not do this, then there is no honesty nor trust. Honesty and trust are vital concepts in a friendship and in the way in which we choose friends.

In being honest to ourselves, we can grow in a friendship. We know that friends and the way we choose them are important. If we hide and lie to ourselves about a friendship, then we will never be happy. This is because we are trying to find ourselves. How can we find ourselves and our friends, if we do not know what we are looking for?

I think it is time for us all to reflect back on our past friendships, pick out those valuable lessons that were taught, and try to establish some real friends that can help us grow. If, in fact, one is afraid of growing then one might as well go ahead and try to be "MR. POPULAR". I only regret the suffering that one will have to go through.

Christianity teaches "Love Your Neighbor As Yourself". In order to do this we need to get to know ourselves. The best way, it seems to me is to search out some real friends and then let the relationship go where it will.

## Runaway

Tempest tossed  
on furious seas  
crashing on shores  
of devotion lost  
ravaged spirit  
Outcast! Outcast!  
Broken of will...  
haunted eyes intuit,  
they know all intent  
for ill or not.  
Darkness has no fear;  
emptiness twisted and bent  
drifting out of sight;  
lonely ship on far horizon.  
Alone against foul dreams  
wandering throughout the night.

by Keith Maxwell



## Off the Cuff

Well, readers, another year is winding down. Rumors are flying and loyalties are turning. A word to the wise, however; don't burn all your friends--you might need a ride. As for those people who like to argue loudly on the veranda: Either move closer to the window so we can hear what you are saying or talk elsewhere...Speaking of which, Tim Dickey, if you don't want people to know, don't talk so loud.

The last weather report warned of high winds in 4C--looks like tornado weather for Rhode Island!...Hey Smilin' John, did you get your job with Tom? Speaking of strange phenomena in rooms, Sue Brassard's voice seems to be changing; first it's alto then soprano, then alto,...

Our question for the week is: If Burnay has mono, and Beth has mono, do they have Stereo, collectively? Happy Birthday this month to John, Gordy, Cathy, Beaker, and Sean McGinn. Beers to ya!

Joe Lawrence has finally discovered that the only thing he hasn't fallen off of is the floor...

We thought Cherisse and Hooter knew it all but it appears they have been doing some research...What was that store we saw them coming out of? O goodness!

Now that Melissa has someone new to keep house with, seems she's been neglecting suite three. Baby 0.7 will be disappointed.

In the first ever category, we have none other than Trishal! How does it feel to be on time for once in your life?

We understand Patty Buccì has recently acquired an entire wardrobe, thanks to Beth Stickney's generosity...Speaking of generosity, Denise, have you been taking care of Baby 0.7, now that Melissa is neglecting him? ...Hooter, who was that mysterious poet and confessed self-admirer who last darkened your doorstep?...

Before we leave you to an eventful summer, we thought we might treat you all to a trip down memory lane:

Remember when:

-John and Phil played super hero--Phil was plasticman, and John was the human seatcover?

-when Tricia was natural?

-when suite 6 gave lessons on hygiene, ie. showering?

-the faculty attended student body functions?

-financial aid lived up to its title?

-one could count on grilled cheese and tomato soup for lunch every Saturday and Wednesday, spaghetti every other day and chicken for the rest? (Thank you Bill for making our last days more comfortable!)

-everyone went to Muckies for \$1 pitchers at the drop of a pencil?

-when everyone got a piece of pizza?

Speaking of bars, is it "Rock the Casba" or rock the Rootbeer Schnapps, Beth and Sean?

-incidentally, the new look these days is "the martini-face"...

Mr. and Mrs. Jams just announced they are expecting--a new pair of shorts. Nothing but the best of course and in a one-size-fits-all design.

A final word to the faculty regarding care of students. With CSJ students comes great responsibility:

1. Never subject them to the strain of final exams;

2. Never allow them to get into direct sunlight, they become sluggish and hard to motivate.

3. Never feed them after midnight--look what happened to Brendan!

And finally, for those of you freshmen who wonder how the upperclassman survive on little or nothing and still have a good time, we researched some of the budgets of the big spenders.

### A TRICIA BUDGET (weekly)

#### Expenses

Laundry	\$ 2.00
Mickey D's nightly	10.00
Dominoes twice/wk.	10.00 & .20 (for call)
Dunkin Donuts nightly	1.10/trip
Clothes on layaway	10.00/item
Happy hour (food free)	10.50
Gas (for borrowed cars)	3.00
Beer Fund	15.00
Personal (you know what)	10.00
Phone bill	30.00

#### Source of income

Parents: \$25/wk with an extra \$100.00 here and there (More often here than there)

### A RAISIN BUDGET

#### Expenses

Drinks at Celebrity Corner	tab unlimited
Laundry	\$ 0.00
Afternoon drinks	20.00
Micky D's	5.00
Alcohol	20.00
Recreation	10.00
Deoderant	Borrowed
Grape gum	Rick's

Source of income: Workstudy and Leslie

### A SUITE 3 BUDGET

#### Expenses

Morning wakeup	\$10.00
Afternoon beer (Rhingold)	10.00
Evening beer (Meisterbrau)	10.00
Laundry	0.00 (wear it su natural)

Source of income: ?

by 0096

## Two Schools

The Charles C. Cashman Elementary School in Amesbury, Massachusetts is a school of the future. It has no solid walls to divide classrooms. Instead it has movable dividers such as book cases, coat racks, tables, desks, and bulletin boards. This is a school where children have to learn to tune out the 'noise' around them. For younger children this could be difficult. The elementary school has grades 1-5. There are many advantages, as well as disadvantages to this type of learning environment. An advantage for the children would be that they learn to adapt to the constant motion around them which builds concentration for when they work. This type of environment also encourages children to work together. Disadvantages to this setting would be the noise level. Children have to learn to control their voices and be considerate of others. Some children who find concentration difficult with noise around them may have troubles academically.

When I did a comparison of the two elementary schools in Amesbury, (1 with permanent walls and 1 without) I found that at recess, the children from the traditional school seemed to be more aggressive (pushing, shoving, and calling names) than the children at the Cashman school. The students at the Cashman school also interacted better. They played group games, and boys and girls played together without any arguments. The children at the other school seemed to stay in groups with just boys, or just girls.

The Cashman school itself was a very controversial issue before it was built and while it was being constructed. Still, parents have objections to sending their children there because of the unsettled learning environment, and the question still remains, "How much can children actually learn in this type of classroom?"

by Karen J. McCarthy

# Advice to Education Majors

So often I reach a goal I have set for myself and then retrace what I have done to get there. Sometimes I wish I could have done something different to make reaching my goal easier. I find myself saying, "I wish I knew more about this or that."

Now that I am nearing the end of my four years at St. Joseph's, I'm about to reach a very important goal in my life. I look back and realize that there are a few minor things that could have made the road smoother these last four years.

I asked some Juniors and Seniors from St. Joseph's to give some helpful advice to Freshman and Sophomores who are entering the Education program. Here are some basic suggestions:

\*Complete your core requirements in the first two years. Don't decide you'll take a core class "some other time". Get it done now.

## Finding Your Path

Thank God we have somewhere to go and someone to talk to about our resumes, interviewing, networking, career and job anxiety and graduate school.

Lou Palazzo and Ginny Evans have both been a real big help to me in making my future plans.

The Career Development Office is open Monday thru Thursday from 8 a.m. to 8 p.m. (except for lunch and dinner breaks) and Friday from 8 a.m. to 4 p.m. There is also Discover, which is a computer based career guidance system, to help match our interests, abilities and values with a career. You can also locate various information about graduate schools on the Discover.

A piece of advice for undergraduate's: this office is a great resource. I wish I had started to work on my career goals during my junior year. If you do, you can feel better prepared for your senior year and hopefully after graduation go right into the job of your choice. Also, your senior year is very busy so if you have done some work already, it will not be as much of a strain.

P.S. Thanks again, Lou and Ginny!

by Jonna Creed

\*Make sure you and your advisor have good meetings in which you both are sure that you are taking the correct courses in the appropriate order.

\*Always ask questions if you don't understand something within a course. Joan McNamara, Sr. Marianne Read and Maria Bove are all willing to help when you don't understand something in their courses.

\*Feel free to ask questions to Juniors and Seniors about a course or placement. They would be glad to answer any questions.

\*Once you are into your Junior and Senior year, use your time wisely. Don't let any assignment or project go until the last minute. The education teachers are demanding because when you enter the teaching world you have to be prepared!

\*Save and organize all notes and materials from your education courses. They will be very helpful to you later on.

\*Fully understand what your responsibilities are when you begin your practice teaching.

\*You will be learning a lot the last two years so listen carefully. Joan, Sr. Marianne and Maria have a lot of good advice to share.

\*Buy a date book to keep track of exactly what you need to do each day. The schedule gets rather busy during these two years, so get a book. Forgetting a meeting is the worst feeling!

\*Explore the useful equipment in our library. The Audio Visual course is very helpful. Also, your school placement has some helpful materials for you to use.

\*When you observe in the classroom, try to get involved in small group work and making bulletin boards.

\*During your Freshman and Sophomore year, be considerate of quiet hours. For when you become Juniors and Seniors, you will wish for peace and quiet at night!

by Sarah Coleman

## Psychotherapy - Two Views

During our week off in March, I had the opportunity to watch a Phil Donahue Show. This particular show consisted of 2 psychiatrists battling the issue's of psychotherapy and psychoanalysis.

Dr. Garth Wood, a psychiatrist from England was one and the other was Dr. Paul Finn. Each psychiatrist had a different view point and during the show several

conflicts arose.

Dr. Wood feels there is a difference between feeling blue and down and a chronic mental illness. He seems to think that a good friend can often help you just as well as a therapist. Dr. Finn argued that usually a good friend is emotionally committed. It's hard for a friend-to put things in perspective. A therapist is open minded, but not emotionally involved. They can give objective insights into certain problems.

Another point of disagreement concerned addiction. Dr. Wood felt that addiction is a choice. Dr. Finn disagreed with this.

Most of Phil's audience seemed to disagree with Dr. Wood's thinking regarding psychotherapy. They thought it was good to get outside opinions on problems. Some people need outside help for a short period of time, depending on how well they are functioning.

At different times people tend to go through transitions. Perhaps people need to know that what they are going through is normal.

Personally, I feel therapy is as good as the client allows it to be. Psychotherapy is usually more effective when therapist and client have achieved a stable rapport. I think psychiatrists can be helpful when a client is honest and open about his own short comings.

It is up to the person's own evaluations whether a particular psychiatrist can be worth your time and money.

by Barb Black

Just as the sun rises  
And lights the earth,  
All of natures prizes,  
The dawn begins their birth.

And...  
Just as the sun sets  
And turns the sky to fire,  
I have no regrets,  
Of the world I'll never tire.

by Keith Maxwell

## Poet's Throne

Angry wind  
whips wild seas  
the placid rock  
holds steadily

Blackened clouds  
slings silver bolts  
thirsting lawn  
gives no revolt

Lonely man  
covers in fear  
proud man  
finds himself so dear

But none can  
hold the poet's throne  
only he who feels the loss  
when not alone.

by Keith Maxwell

# Dinner for One

Broiled CROW  
2 crows  
4 tablespoons butter, melted

Split bird down the center. Brush with melted butter and place, skin side down, on a rack in a shallow pan. Broil about 5 minutes on each side until well done. To serve: Place each piece of bird on toast, with current jelly, watercress, and thin slices of lemon on the side. (Serves one)

If I have to eat Crow I may as well make it as palatable as possible. The need for me to indulge in this gourmet delicacy is based on a point that a very learned anthropologist, whose lectures I listened to in college twenty years ago, was trying to make. The crucial point had to do with judging. Actually it had to do with learning not to prejudge anything or anyone. He stressed that when you are involved in any situation, whether it be a one on one friendship or a group situation, do not prejudge. Do not enter into a situation via any preconceived impressions. You can not help absorbing negative opinions about someone or something from the environment around you, but the lecture adamantly stressed that you should keep these opinions stored in a place where they would never cause you to prejudge. A place suggested for storage of these prejudices was the area in your brain where you put such things as Adolph Hitler's views on humanitarianism.

I have done fairly well on not letting environmental negativism stop me from forming friendships, but I blew it on a group situation. I am in the midst of doing a paper for a religion class. A requirement for the paper is to visit a church service and interview members. No problem with this until the night before my scheduled visit. I started getting cold feet as I was tripping over every negative comment made about this religion. To help overcome these pre-church visit jitters I felt the need to reach out for support from my family. The family members at home for me to choose from, to hold my hand in church the next morning, where down to two. No amount of Liver flavored canine munchies would stir the slightest bit of support from that furry monster that we have loved, nourished, and scratched flea bites for over the years. Besides he has a terrible singing voice and I did not want to be embarrassed the next morning during the hymns.

That left me with the child that only wore one diaper when he was a baby. I thought long and

hard before I approached my youngest hostage to fortune. I took into account, not only that he would have to sit through a strange church service, but he would have to wear a three piece suit. I even thought of the ultimate sacrifice he would have to make, wearing SOCKS! I never even hesitated for one second using a definite no no for a parent, Bribery. That reminds me, I have to pick up his brand new, \$150.00 fly fishing outfit next week.

The church service was probably the highlight of our week. The people were wonderful. Not one person approached us about developing an interest in joining the church. I came away from the service feeling very good about a group of people that I had very badly prejudged. The only problem I am having at this point is finding out when Crows are in season!

by Marsha DeBonis

# Incrediball

Yes it is true. The gossip you hear is all too true. This Spring at St. Joe's a new rage is sweeping the campus. Incrediball is here. Faculty and students alike have been swept up in the frenzy of this new and exciting game. In fact there are at this time, four teams going for the title of "St Joe's Number 1 Incrediball Team".

Incrediball is fundamentally similar to softball. The difference which makes incrediball so special, is that instead of a rather hard-softball, the incrediball is much softer. This makes the game accessible to all ages and skill levels and of course both sexes.

As of today there are two undefeated teams in the league. Helwig's Poga Ma Honei stands atop the senior league with an unblemished record of 1-0 while Gilbert's gravy sucking pigs sit in the cellar. In the junior league Salls' simpletons narrowly defeated the Faculty fumblers to move on game over .500 for the season (1-0). This weeks games are sure to reaffirm the Poga Ma Honei lock on the division title. There really is no team in the league that can match this team for power, speed and defense.

There is some humor in this league also. Chris Burns and Tim Dickie, two rookies in the league,

seem to be having trouble getting accustomed to the big league pitching and the large outfield. These two outfielders have replaced Laurel and Hardy as the kings of comedy on the field.

So fans of softball and fans of comedy come on out this week and next for a little sun and fun. Come watch the Poga Ma Honie take to the field and demolish all opposition.

by W. Stewart Lane

# Don't Touch That Dial

On Saturday night April 26, 1986 Patty Miglorie was heard exclaiming "Lights, Camera, Action!" she had put on one of the best shows yet!

The theme of the variety show was television series and commercials. Thanks to Cherisse Furforo and John Sheehan, the stage in the gym was transformed into a giant television set. The show opened with the chorus, directed by Patty Miglorie, singing the theme to The Muppet Show, and during this song they introduced Lou Palazzo, the M.C. for the evening. The chorus then continued singing several commercial themes such as "Dr Pepper", and the "Kodak" theme song.

Sister Judy suprised us! We had no idea that she had a Spanish background. Singing "Chiquita Banana" really gave the audience a treat. The first act ended with Gilligan's Island, with such stars as:

Skipper	-Kevin Gallagher
Gilligan	-David McGuinnis
Millionaire	-John Sheehan
His Wife	-Denise Krawczyk
Movie Star	-Angel Coleman
Professor	-John Lazenby
Marianne	-Jackie Tatro

The second act opened just as strong as the first. Patty coreographed the "McDonald's" dance which gave the audience hunger pains. Another great scene was the Laverne and Shirley theme song. Jean Cleveland and Sue Brassard dressed to the "T" with Poodle skirts and cuffed up jeans. The high point of the show was Damon Barna portraying "Batman". The show then closed with the chorus performing "I Sing the Body Electric". Thanks to Patty Miglorie, the show was a success.

by Tricia Alleva

# Farewells... and Thanks

The end of the school year brings warm weather, graduation excitement along with lots of outdoor activities. Soon, people will be packing to go home, to camps or summer jobs. Some will be off to the "real world" of work.

To those graduating, and going off to the "real world," I hope you have much happiness and success in the careers that St. Joe's has prepared you for.

This year, for me, has been a learning experience. Being away from home for the first time can be scary sometimes, but in time adjustments are made. The new faces become familiar and friendly. The once odd routines and study habits become comfortable and regular. This year, I have learned a lot about myself and others. There have been many good times, along with a few bad times. I am looking forward to returning in the fall, to meet new people, and to learn more about myself and the others around me.

Have a happy and safe Summer!!

by Karen J. McCarthy

The close to a long semester is at hand. I'm sure that most of you are as glad as I am to see it end. We all need a rest, some more than others. Before everyone goes their separate ways for the summer I would like to say a few Thank yous.

I would like to say Thank You to the girls that came to my rescue on Monday and Tuesday nights; your help was much appreciated. This semester has been good school wise, but I've been through some trying times at home. Many times I've brought it into the school. I'm sorry. I want to Thank a fine teacher for sitting and listening to my problems, even when it may be the wrong time. You are very busy and time is precious to you. Thank You. The time spent with me and a hug mean more than words can express. There has been great encouragement from everyone I come in contact with. Some have more confidence in me than I have in myself. Thank You one and all.

Now to my friends, of whom there are so many that naming each one would take up the whole paper: To those very close and those not as close I want to say Thank You. Without you I might not have made it through these past few months. Each one of us have problems, either at home or at school. Some are easier to solve than others; some may never be solved. But getting through each and every one of them is made easier when there is a friend or many friends close by.

These words don't quite say

everything that needs to be said. Because there aren't enough words to say Thank You for caring, for being there, for listening and for all the encouraging words. Remember this basket case will make it. With that thought, I'd better

THANK YOU  
Joanne.

I'd like to take the time to give my thanks to the graduating seniors on Human Services. Many of you have supported me personally during the last couple of years at CSJ. At certain times of my life, I've hit mile stones and didn't know where I should go.

Beth, your wisdom and experience in the field of Human Services is well acknowledged. We really didn't have that much time together, but I'd like you to know your guidance was much appreciated. Good Luck in your future!

Carol, remember coming to my apartment and having coffee? The wonderful moral support you gave me then! Thank you, I will not forget that. With love and the best of everything to you in your future!

Jonna, oh no! I really don't want to see you go! I will definitely miss your bubbling personality. Your guidance and friendship have been so helpful to me. Don't forget me and our little talks of support we gave to each other. I love ya! You know I wish you the best in your future.

Go forward Human Service leaders, give them your best shot! You are unique, important, and irreplaceable!

by Barb Black

I want to take this time to tell all the seniors that we have gone through a lot of changes together in our four years at Saint Joe's. I will not be able to share in graduation with you all, but I will be in the stands and I will be clapping, crying, and laughing (knowing me all three at the same time) with all of you. It is hard to believe that it was four years ago that we came in together as freshmen and now you all go on to graduate.

I will always remember the people who lived on campus and here are some of the events I will remember with you guys individually.

-Tricia-TRICIA!!  
-Being elf at Christmas party

-Soda on my carpet  
-Bowling for dollars with Jeff and I  
-Glisten Sweat (Mom)  
-Late evening visits  
-General Hospital Party

-Heather-L.A. shirt  
-We're going shopping!!

-Bob, Bob, Bob  
-Azure  
-Linking  
-1 and 2 and 3 and 4 and rest  
-Full figured  
-General Hospital Party

-Beth Stickney-Little Sister  
-LA shirt  
-No problem!!  
-Let's count calories  
-T for two and two for T  
-Cocktails (Miller Lites)

-Nancy-I've come to visit-Bertha  
-Bob, Bob, Bob  
-Linking  
-General Hospital Party

-Angel-Nylons in the tree  
-How was your winter?  
-Tweet, Tweet, Tweet  
-Early morning visits (Jeff and I)

-Tere-sa-Bozo  
-Linking  
-No problem!!  
-Joan Rivers-Fun, Fun, Fun  
-General Hospital Party

-Judy Keough-Your wonderful chats  
-Dance marathon  
-Baby Bottle Party  
-Santa (202 Christmas Party)-Ripped suit 1982

-Beth Merrill-There's a skunk in the room  
-Thrifti's (How did we get there?)  
-Bye now, Hi now

-Kerry-It's so nice to see you again  
-Bye now, Hi now  
-Pizza Deliver

-Mike-Big Burpin  
-Vaseline Intensive Care Lotion  
-Daddy  
-When are you going to bring the baby to visit? When it can drive  
-closet sleeper

-Sherry-Miss Chocolate 1985  
-Winner of a free lifetime trip to Hershey, Pennsylvania  
-General Hospital Party  
-\_\_\_\_\_ you just \_\_\_\_\_ you

-Missy-Candykeeper  
-Art appreciation-appreciate slides  
-Wine coolers  
-Can I have a ride on your bike?  
-Business Law II survivor

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-Jonna-Dessert hour in the cafe  
-How you loved stats?  
-Wires  
-Cleaning the cafe due to not drinking soda right  
-Done any jazz lately?

-Scott Gilbert-Gibby  
-Cocktails all day  
-long-Test makerupper  
-J.D. nut

-Stuart-90 miles in a 45 zone. Can we go a little faster?  
-Paco's

-Theresa Lee-Teddy Bear Bum  
-Sewing Nut  
-If not here last year you could be found at Castleton. Good luck on your future marriage and life with Walter

-Lisa Legendre-Imitating "E's"  
-laugh  
-stooooosid  
-There's a skunk in the room

-Neil-BRATTLEBORO!!  
-Hokey Pokey  
-J.D. Nut  
-1 and 2 and 3 and 4 and rest  
-Carol Channing imitation

-Kathy Gilbert-"Grow some hair"  
-Chinese food and yummy cocktails  
-Suite 202- Carolyn, Kathy, you, and I chatting all the time  
-Do you know what I mean?

-Kathy Beaulieu-Little sister  
-Chinese food and yummy cocktails  
-Suite 202- Kathy, Carolyn, you and I chatting all the time.  
-Do you know what I mean?  
-Easter grass in more places than a basket

Good luck always and please stay in touch. To the seniors I have not mentioned due to you not living on campus or I do not know who you are- the same holds true- good luck. Come back as alumni so when we get back for Alumni Weekends we will be like one big, happy family again. I will miss you all next year, but you know how the song goes, "It's My Turn."

by Joe Lawrence

## Theft

The statement, "What's mine is yours." does not always apply. A recently disturbing topic that has surfaced on our campus is theft. Unfortunately, there have been a few cases in which a person's property has been stolen and not returned. Sometimes money is taken and other times, clothes are stolen and never returned. It is obvious that the person who has been stolen from is very unhappy. I have had articles stolen before and my first reaction was anger. Secondly, I felt less trusting of others. Meanwhile the thief had my property.

No one really knows why this theft is occurring. The only time that theft is acceptable to me is when one is starving or dying and what he or she steals is life preserving and is not obtainable. One could rule this idea out at St. Joseph's. We all have enough clothes, don't we? And we have enough food!

The reason why I am writing about this topic is to express my personal feelings. I feel that stealing is inconsiderate and cruel. The victims not only have lost objects very valuable to them, they have in some way lost trust in others. They certainly become careful and lock their doors to be secure. It's too bad that one or two people can cause others to lose trust with college classmates.

We all need to be more careful to tell others we want to borrow something of theirs. Consider the owner's feelings. We, as a community, should build up trust for one another.

by Sarah Coleman

## I'm Not Alone

The gently falling rain,  
and the whisper of the winds.  
They wash away my tears and pain,  
such long awaited friends.

When the storm has passed,  
my friends have traveled on.  
The clouds reveal the stars at last,  
and the crickets play their song.

When dusk gives way to dawn  
thus night becomes the day  
there's a squirrel upon the damp-  
ened lawn  
you can hear the children play.

by Keith Maxwell

## Hawkmobile

Two years ago to the day in August. A young man named Jeff bought a car.

It wasn't the most attractive vehicle

Yet it was destined to take him far.

It did not cost him very much  
A mere one hundred and fifty dollars

He loved it dearly, yes he did although it did make him hollar. Many expenses did he come across from blinker lights to the tires on which it rides

It bore many a hole on it body  
But it looked damn good inside. Then one sunny afternoon the guys were tossing pebbles to and fro

And wouldn't you know it would be Gibby

Who went and broke my window.

Ah, but this problem is just another detour

my car is bound to endure

Yet there are times I have to wonder

Is she worth it to insure?

by Jeff Hawkins

## Future

I one day want to be a sportswriter  
I want to be a good one  
to cover many sporting events  
Always on the run.

Boxing coverage is my goal  
of the sport I want to write on  
I'd love to sit at ringside  
and hear the bell for round one

I hope one day I'll succeed  
I hope to make my deadlines  
Picture my name attached to articles  
on stories that make the headlines.

by Jeff Hawkins

## Society

It's been a mystery to me  
why people try to see  
the forces behind reality.

Divinity,  
fact or fiction fantasy?  
for many ecstasy.

Illuminate the sanctity  
of the individual entity,  
the mind of man, creativity!

Is the entirety  
some forsaken blasphemy?  
A classic symptom of insanity?

Gone is man's identity  
in the crowding mass of humanity..  
Society

by Keith Maxwell

Children we were,  
and children we will again become.  
Some of us grow too fast.  
Some try to stay forever young.  
Yet when we grow,  
emerging from the child  
we love so much  
we love what allowed us to become  
an adult  
a fine end result.

Oh to be a child again.  
To smile for days,  
about a simple thought.  
To be so happy,  
over something simply bought.

As we grow we forget  
what these days were like.

A life with so little regret,  
with just our passionate intent  
for a candy bar  
or a new bright red bike.

If I knew what I do  
now  
and could bring the knowledge back  
with me  
somehow  
To the time of childhood schemes  
and long, lazy dreams.  
Would I live life any differently?  
I think not.  
I still want a new bike.

by W. Stewart Lane

## *Last Will and Testament - Class of '86*

Tricia Alleva- leaves my address to  
Amy Barna, because I don't  
want to lose touch with a  
close friend

Terrance Baker- leaves his great  
personality to Gordie Salls

Angel Colman- leaves Justine  
Timbers the title "Senior"  
for the 86-87 school year

Jonna Creed- leaves Grace her phone  
number with a caring ear on  
the other end. I leave Jackie  
a license, and I leave Pina  
Colada's on the roof

Heather Duke- leaves "the ability  
to know what I want and the  
courage to go out and get it"  
and to the underclassmen; and  
to Sean McGinn one dozen  
chocolate honey dipped Dunkin  
doughnuts

Kristie Hard- leaves her cow Polly  
and her lovely family to Joe  
Lawrence

Judy Keough- leaves "Fred" and a  
good bottle of wine to Joe  
Lawrence for all those not  
so quiet moments and all  
my love

Theresa Lee- leaves her 24 hour  
jewelry fixing service to  
Jennifer Roy

Lisa Legendre- leaves "E" and Nancy  
a set of keys to keep for cat  
sitting purposes. To Jane and  
Carlotta she leaves good luck,  
and best wishes to Beeker to  
find a new pillow

Michael Magner- leaves to the  
entire CSJ community the  
knowledge that they have been  
graced with

Teresa Magni- leaves her Young and  
Restless nights, and her Peach  
schnapps to Cori

Beth Merrill- leaves to Lisa Della  
a name tag so that hopefully  
she can remember her name  
better than she remembered  
mine. I also leave my  
presidency of the Human  
Service Club and all its  
Stewards to Jackie Tatro.  
---Good luck to everyone

Robin Parker- leaves knowing now  
what life and love are all  
about and I thank Jeff for  
experiencing these with me

Nancy Rudio- leaves with the trust  
and closest friends she will  
ever have  
the next lucky person who gets  
it. To Barb and Sally she  
leaves good luck and peace

Beth Skickney- "Grock", you're one  
in a million; remember all our  
special times together; I love  
you--"Squat"

Rebecca Whalen- leaves her seat in  
the library to Brad MacCormick

Kerry Valente- leaves her super-  
sized sunglasses to Ed Pease  
so that he may watch Maria  
Bove more closely without any-  
one knowing it

by Tricia Alleva

