

RUTLAND HISTORICAL SOCIETY

Rutland Hospital – Nursing Informational Pamphlets on Nursing

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Nov. 1943.

THE
Training School For Nurses
OF
The Rutland Hospital
Rutland, Vermont



Circular of Information

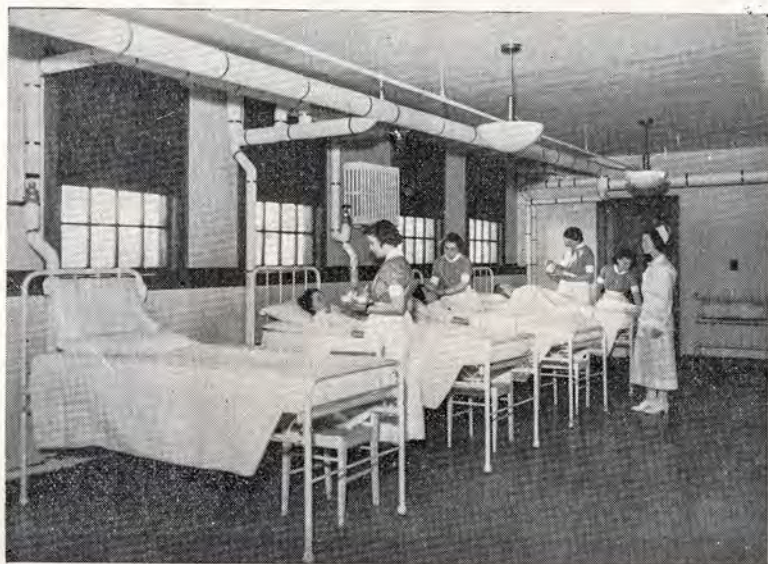


NURSES' HOME

NEW WING OF HOSPITAL



RECEPTION ROOM



DEMONSTRATION WARD UNIT

PURPOSE OF NURSING EDUCATION

The purpose of our present system of Nursing Education is three fold—medical, social and educational. To accomplish this end, the student cannot obtain from textbooks, lectures, and recitations the ability to coordinate these three aims. She must work with people, cultivate keen powers of observation and learn to decide and act promptly. Three years' experience in actual contact with sick people is essential to give the student sufficient background to enable her to be of value to the public. At one time the scope of the field for the graduate was limited to two main branches, the hospital and the home. Now, over thirty distinct active branches are open, each one presenting to the graduate registered nurse a wide range of interest and opportunity for success. Hospitals, Homes, Factories, Schools, Colleges, Shops, Public Health, Infant, Welfare, Visiting Nurses Associations, Missionary Service, American Red Cross, Army, Navy and Air Service are only a few of the many calls for registered nurses.

The nurse has been called "the foster mother of the race." Saleeby in his "Surgery and Society" says: "Wherever and whenever there is a life to be tended, nourished or nursed, educated and saved, whether the life be yet unborn or new born, senile or ill, there is the field for womanhood exercising its great function of foster motherhood."

Most important of all, Nursing Education prepares the student to be a competent wife and mother. From health standpoint, the student in a well conducted school finds herself in a better condition when she graduates than when she registered. Regular hours of work and recreation, plain wholesome food and physical activities all offset the disadvantages usually arising from an indoor life.

GENERAL STATEMENT

The School of Nursing is an integral part of the hospital and is under the same government. The Rutland Hospital which is a general hospital of 160 beds, was incorporated in 1892, and opened its school for the training of nurses in 1896.

The School is registered with the State of Vermont and graduates are eligible to State Board examinations leading to the title of R. N. (Registered Nurse).

It is the aim of the School so far as is possible to meet the requirements as outlined by the National League of Nursing Education.

The Nurses' Residence is equipped with all the modern conveniences and comforts, having in addition to 60 sleeping rooms (some of which are shared with another nurse) a medical library of over 300 volumes, two large reception rooms (with fireplaces, radio and piano) comfortably furnished for entertainment of friends. There are classrooms, a science laboratory, diet laboratory, also a kitchenette and laundry for the nurses' private use.

Demonstration Room

THE NURSING COURSE

The school endeavors to give its nurses a broad general foundation for any of the specialized branches open to the nursing profession. The course of study covers a period of three years and is divided into preliminary, junior, intermediate and senior terms.

During the preliminary term only a small amount of practice is given on the hospital wards. Most of the student's time is spent in the class room where she is given an introduction to the sciences which form a foundation for nursing and is taught some of the fundamentals of nursing care. Opportunity is given for practice so she can acquire the necessary dexterity. The number of hours spent in class and on duty during this term averages about 40 a week which allows ample time for the preparation of lessons and for recreation. After this the length of time on duty is increased and the amount of time spent in the class room is decreased.

This preliminary term enables the applicant to decide definitely whether she cares enough for nursing to complete the course. It also gives the Principal and Faculty an opportunity to judge whether the student is adapted to the work and qualified to make a success of nursing. The right is reserved to ask a student to terminate connection with the school any time either during the preliminary period or later, if she is not doing satisfactory work.

Instruction given to students in the clinical subjects includes lectures, recitations, discussions, demonstrations and conferences. This instruction is given by specially prepared persons and is carried on in the class rooms or on the wards and in groups or individually as seems indicated as the remedial aspect of nursing is emphasized and attention is given to the function of the nurse as a teacher of health.

Examinations are held at different periods, those upon special subjects being conducted by the instructors at the close of each course. They are both written and oral and include practical tests. The standing of the student is based upon the general character of work throughout the year as well as the results of the examination. In case a student fails in one subject she may be allowed to repeat this course provided her record in other ways is sufficiently satisfactory. Second examinations are permitted in three subjects. Charges are made for repetition of courses as well as second examinations. In order to readjust her schedule to include this additional work, it may be necessary to increase the length of her course. When a subject is repeated a student is expected to do exceptionally well and a second failure results in automatic dismissal.

Attendance is required at all classes. Absences are excused only in cases of illness or absence from the school. Unexcusable absences from classes must be made up by the student at an expense to be met by her.

Nurses after the preliminary term are on duty from 7 a. m. to 7 p. m. They are allowed three hours off duty daily. This does not include time spent in class or at meals. They are off duty four hours on Sundays and a half day during the week.

The rules of the School are such as any self-respecting, earnest woman will recognize as embodying only requirements that are fair and necessary in an

institution of this kind. These are made known to the student upon her arrival and she is responsible to the officers of the school for her conduct while in training.

REQUIREMENTS FOR ADMISSION

A. ACADEMIC REQUIREMENTS

1. Graduation from an accredited high school or equivalent credits. Persons holding College credits in addition to high school are encouraged, also to apply.
2. Rating—upper half of high school class, average grade of 80%.
3. Two years of science, one of which must be chemistry.
4. Recommendations for the content of the high school course:
 - a. Requisites

English	4 years	8½ units
Science	2 years	4 units
(1) Biology or General Science		2 units
(2) Chemistry		
Mathematics	1 year	1 unit
History	1 year	1 unit
Civics	½ year	½ unit
 - b. Electives



CHILDREN'S WARD

It is recommended that at least two years of a foreign language be included. Latin is very helpful as a foundation for medical and nursing terminology. Algebra, geometry, general mathematics or commercial arithmetic are recommended.

Students who hope to take college work after completing the courses given in the School of Nursing should include algebra, geometry and at least two years of one foreign language in their high school program.

B. PHYSIQUE AND AGE

1. Applicants should be at least five feet tall and of average weight for her height. A health certificate will be provided and is to be filled out by the applicant's personal physician. Physical examinations by the School's own physician are held previous to acceptance of the candidate. If at this time the report on physical condition indicates the presence of a health hazard for one engaged in nursing work, it will be necessary to reject the application. Applicants must have their teeth in perfect order and have an active vaccination against small pox.
2. Eighteen years is the minimum age for entrance. Candidates who can arrange to have two or more years of college or other maturing experience are advised to do so. It would be well to consult the School for advice as to types of course etc., which would be of value in nursing.

C. CIVIL STATE

The school does not consider for application any applicant who is married, widowed or divorced. Students who marry before they complete the course automatically disqualify themselves as candidates for a diploma.

D. PREVIOUS TRAINING

The school does not consider for application any applicant who has had previous training as a nurse.

EXPENSES

The applicant must be prepared to pay for the cost of all books, and provide herself with uniforms and shoes.

Throughout the course, the student will be maintained by the hospital without expense for board, room and laundry. Other expenses for clothing, recreation, etc., should be provided by a personal budget or allowance, estimated by some nurses to be in the vicinity of \$10.00 per month. No financial compensation is given.

If because of failure it is necessary for a student to repeat an examination, a charge of \$1.00 will be made. If it is necessary to repeat a course a charge of \$5.00 will be made.

HEALTH

A health service is maintained for students. There is a yearly check up with x-ray of the chest for all students, and more frequent x-rays for those found below par. The student's feet are examined by an orthopedic surgeon, ^{where indicated} who will prescribe the type of shoes to be worn.

Every effort is made to safeguard the health and general welfare of the students. The individual must further observe such hygienic measures as the school may prescribe from time to time. Students when ill are cared for without charge, for a reasonable length of time. The cost of dental care must be borne by the student.

Weights are recorded monthly.

The school cannot assume financial responsibility for extended care of illness that may result from defects or conditions that existed before entrance, or for illnesses of a chronic nature, or illness which requires hospitalization elsewhere. As this hospital does not admit patients with contagious diseases, any students who contract these diseases are cared for outside the hospital. It is generally the policy of this hospital to pay for this care.



AFTERNOON TEA

HABITS

Smoking in our Nurses' Home by student nurses is not prohibited. Drinking by student nurses in the Nurses' Home or any public place is prohibited. Nurses coming in under the effects of alcoholics will be dismissed.

The Training School authorities wish in all ways to cooperate with parents in the best training of their daughters, and it is felt that what ever habits the young ladies establish should be only with the full approval of her parents.

RECREATION

The Nurses' Home offers a variety of social activities for the student nurses such as basketball, dancing, and special parties. The students have the privilege of a cottage at Lake Bomoseen for one month during the summer.

RELIGION

All nurses are urged to attend regularly the place of worship which they prefer. No services are held in connection with the school, except the morning prayer daily at 6:30 A.M., which all students are required to attend.

VACATIONS AND ABSENCES

Twelve weeks of vacation are allowed during the course. The time at which vacations are given is subject to the needs of the hospital and the educational program of the student. Other absences are not allowed except for extreme causes, as critical illness in her immediate family. Students must be free from the necessity of nursing members of their own family and from other home duties during their course of training.

Time lost due to illness or other causes must be made up. If loss of time occurs during class sessions, affecting the student's progress in her theoretical work, the time fixed for her return is determined by the Principal of the School.

CONTINUATION AND WITHDRAWAL

Peculiar aptitudes are necessary for success in nursing. Therefore the Principal of the School with the Training School Committee decide upon the nursing aptitude of the student at the end of the preliminary period. If she seems to give promise of success in nursing, she becomes an accepted member of the student body and receives her cap, which is a badge of accomplishment. She then advances as she satisfactorily completes the assignments in study and experience until her last year, at which time she receives her black band and white shoes. The Principal of the School in agreement with the Training School Committee may at any time terminate the connection of a student with the school for misconduct, neglect of duty, inefficiency, unsatisfactory class work, or if physically and temperamentally unfit for nursing.

AFFILIATION

All senior students are granted the privilege of a three months' affiliation in Pediatric Nursing with the Childrens' Hospital of Montreal, Canada.

GRADUATION

The diploma and the pin of the school will be awarded to those who have successfully completed the course. The required average in each branch of work must be maintained throughout the term of three years.

Graduation from the school makes the nurse eligible to membership in the Alumnae Association. This membership makes her a member of the American Nurses' Association and eligible for enrollment in the Red Cross Nursing Service.

Immediately upon graduation a nurse is expected to file her application to take the state board examinations either in Vermont or in any other state where she may expect to nurse. This will enable her to practice as a "Registered Nurse."

SCHOLARSHIP

First and second prizes of \$10.00 and \$5.00 each respectively are given to students who maintain first or second grades in four of the subjects which are taught during their training.



ONE OPERATION ROOM

MISCELLANEOUS

Students are subject to any subsequent change in policy which the school may authorize or see fit to make.

APPLICATIONS

Preliminary students are admitted in September and February. Applications may be made either in writing or by a personal interview with the Principal of the School.

INSTRUCTORS

The regular medical and nursing staff teach the courses to the student nurses while specialists are engaged to teach such subjects as chemistry, bacteriology, psychology, psychiatry, massage, and materia medica. The course in theoretical instruction follows closely that which is outlined by the National League of Nursing Education.

*Ch. Miss Barry
add if any other
classes.*

*Dr. Thompson
Misses
T. Barry
Misses
T. Barry*

DESCRIPTION OF COURSES

THE BIOLOGICAL AND PHYSICAL SCIENCES.

ANATOMY AND PHYSIOLOGY

⁹⁰
(120 hours)

This course consists of lectures, recitations, demonstrations and laboratory work, and is designed to give the student an understanding of the human body structure, gross and microscopic, its development and functions.

MICROBIOLOGY

(45 hours)

Lectures, recitations and laboratory instruction, to help the pupil to understand the characteristics of micro-organisms so she will appreciate the necessity of careful technique and asepsis in all branches of her work.

CHEMISTRY

(60 hours)

The purpose of this course is to present those general principles of chemistry, inorganic, organic and physiological, which give the necessary foundation for practical courses such as nutrition, dietetics, materia medica, etc., which are more or less directly dependent upon a basis of chemical theory.

SOCIAL SCIENCE

PSYCHOLOGY

(30 hours)

Lectures and recitations. To give the student an understanding of the fundamental principles of psychology as applied to her work. To guide her in controlling her own mental habits and in appreciating the variations from the normal in diseased conditions.

SOCIOLOGY

(15 hours)

It is planned to offer this course in the near future. At present the social aspect in caring for the sick is emphasized in all nursing classes and in the clinical experience of the student.

SOCIAL PROBLEMS IN NURSING SERVICE

(16 hours)

Lectures given by the medical social workers in the state covering the social factors, economic, civil and ethical.

HISTORY OF NURSING

¹⁵
(30 hours)

The course familiarizes the student with the background of nursing. It shows how traditions have grown and how they have influenced nursing.

PROFESSIONAL ADJUSTMENTS I

(15 hours)

To encourage an appreciation of the professional obligations of the nurse for herself and for the standards of the professional group as a whole. To learn methods of adjusting to situations in hospital and nursing work that will result in an improved quality of professional service.

PROFESSIONAL ADJUSTMENTS II

²⁶
(30 hours)

The course aims to present to the older students the opportunities and responsibilities of the graduate nurse.

PARLIAMENTARY LAW

leave in permstone
(8 hours)

A course of lectures and demonstrations dealing with parliamentary practices especially as applicable in nursing organizations.

MEDICAL SCIENCE

PHARMACOLOGY AND THERAPEUTICS

⁵⁰
(30 hours)

To give the student an understanding of her responsibility in the administration of drugs; methods necessary for administration, recording and reporting effects, results of indiscriminate use of drugs, and the importance of keeping up to date in relation to drug therapy.

PATHOLOGY

(15 hours)

The course deals with the changes which occur in the structure and function of the body during pathological processes, and a discussion of the meaning of the laboratory reports on the clinical charts.

PUBLIC SANITATION

(12 hours)

This course is designed to acquaint the student with methods for state municipal and rural hygiene, food supply, waste disposal, the control and prevention of disease and the meaning of vital statistics. Opportunity is given for excursions into the field.

NURSING AND ALLIED ARTS

INTRODUCTION TO NURSING ARTS

(140 hours)

Lectures, recitations, demonstrations, practice, to give a clear understanding of the fundamental principles which underlie all good nursing. To develop habits of observation, system and manual dexterity and to establish a uniform and finished technique.

*run by various persons
assisted with city*

NUTRITION AND COOKERY

(45 hours)

Jan
The object of this course is to give the student a fundamental knowledge of the composition and value of various foods for the normal, healthy individual that she may appreciate the importance of dietary treatments.

PERSONAL HYGIENE

¹⁰
(15 hours)

A consideration of the factors involved in maintaining the proper functioning of the human body from both physical and mental standpoints. Special emphasis is put on the establishment of desirable health habits for the nurse herself.

DRUGS AND SOLUTIONS

(20 hours)

A study of the methods used in preparing solutions and in administering doses of medicine ordered by the doctor. Lectures, demonstrations and laboratory work.

MASSAGE

¹⁶
(15 hours)

Baby
This course teaches the nurse the elementary principles of massage that are needed in ordinary nursing duties. It does not prepare for special work. Lectures, demonstrations, practice.

DIET THERAPY

(35 hours)

Sum
The course consists of the study of the various dietary regimes recommended for use in the treatment of different types of disease. It aims to teach the nurse how to apply the fundamental principles of cookery and nutrition to the treatment of these diseases.

MEDICAL NURSING

²⁴
(30 hours)

X
This course presents the etiology, pathology, symptoms, treatment and care of the common medical diseases from a nursing standpoint.

SURGICAL NURSING

²⁴
(30 hours)

X
A study of the surgical aspects of disease from a nursing standpoint. Special consideration is given to the nursing care of patients before and after operation and following accidents.

OBSTETRICAL NURSING

(30 hours)

A consideration of prenatal care, normal and abnormal pregnancy, nursing care during labor and the puerperium. Attention is also given to the nursing of normal infants, premature infants and to the common disorders of the newborn.

PEDIATRIC NURSING (Exclusive of affiliation) ¹⁰ (25 hours)

This course aims to teach the nurse how to care for the sick and well infant. It also teaches the principles and methods of preparing dietary formulas.

PSYCHIATRIC NURSING (30 hours)

A course of lectures and classes, with clinics at state institutions to give the student nurse an appreciation of relationship between mental and physical illness. To teach the underlying causes of mental disease, modern methods of treatment and to endeavor to overcome the stigma attached to mental illness.

OPERATING ROOM TECHNIC ¹² (16 hours)

A course introducing the student to the methods and procedures used in preparing for and assisting with operations. Lectures, recitations, demonstrations.

COMMUNICABLE DISEASES ²⁰ (30 hours)

The common communicable diseases are discussed in this course, together with the proper methods of prophylaxis, treatment, and the technique of isolation.

EYE, EAR, NOSE AND THROAT NURSING ¹⁵ (15 hours)

This course presents the common diseases affecting the eye, ear, nose and throat and the nursing knowledge needed.

FIRST AID AND EMERGENCY NURSING ²⁰ (15 hours)

The principles of first aid are taught through class instruction and demonstrations.

GYNCOLOGIC NURSING ¹⁵ (10 hours)

This course consists of lectures and class work on the diseases of women and the various forms of treatment used in these conditions.

ORTHOPEDIC NURSING ^{10 lucky} (20 hours)

Lectures, and nursing classes are given relative to the cause, prevention, and correction of deformities. The importance of factors peculiar to the nursing care of orthopedic patients is emphasized and the student is taught the application and the care of apparatus used in orthopedic work.

UROLOGIC NURSING ¹² (10 hours)

Lectures which include the method of diagnosis and treatment of the most common diseases of the urinary tract as well as the nursing care are covered in these periods.

NURSING ARTS ADVANCED (20 hours)

To round out the student's previous experience especially in medical and surgical nursing, with emphasis on the nursing of patients who present difficult nursing problems.

CASE STUDIES ¹² (15 hours)

The instruction in the technic of the case study methods, as applied to nursing, is given by means of lecture and discussions. An effort is made to acquaint the student with the method of preparing and the value of using case studies. A case study is written by each student and additional case study assignments are given during her ward experience.

X ORAL HYGIENE (8 hours)

This course deals with the pathological condition of the oral cavity, and of the teeth.

X SKIN AND VENEREAL *Dermatology* (10 hours)

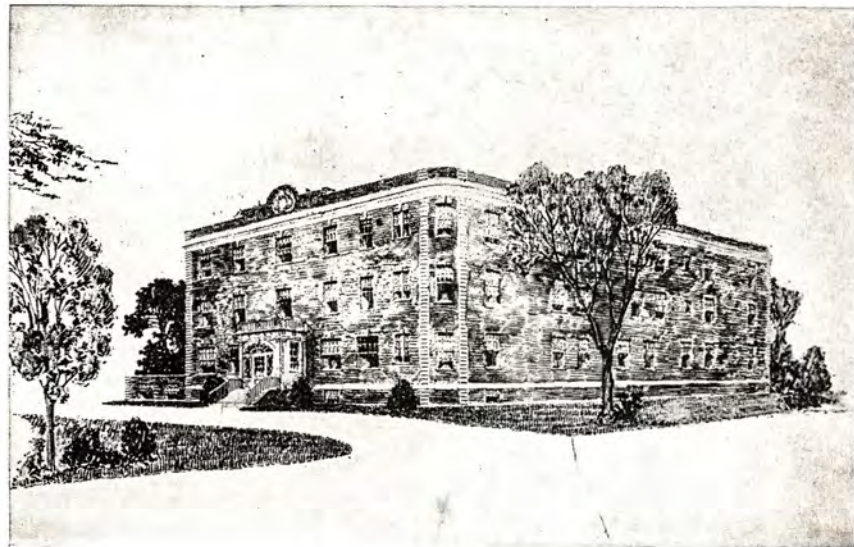
Lectures on venereal diseases and diseases of the skin with special emphasis on some of the common ones.

X Tuberculosis - 6 hrs.

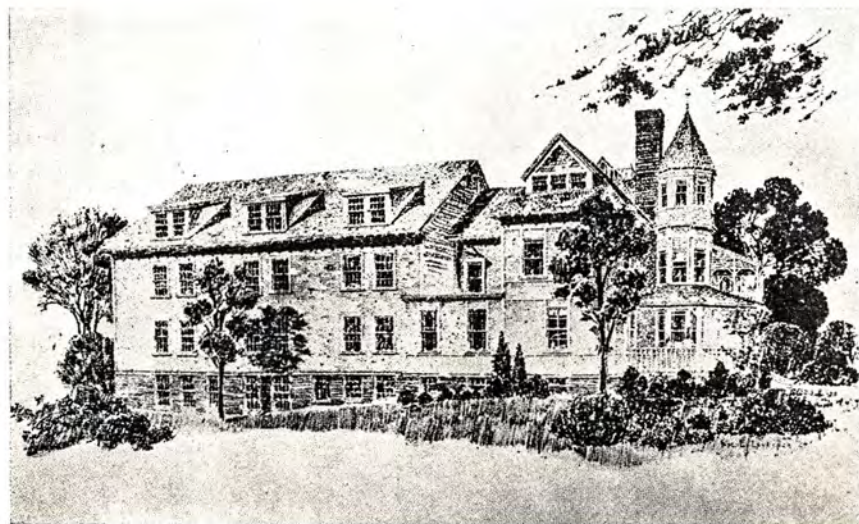
4-12 hrs.
950

What the Future Holds for You as a Registered Nurse

RUTLAND HOSPITAL
RUTLAND, VERMONT



THE RUTLAND HOSPITAL



THE RUTLAND HOSPITAL NURSES' HOME



NORTH LIVING ROOM



A STUDENT NURSE'S ROOM

What the Future Holds for You as a REGISTERED NURSE

Nursing is one of the most useful and satisfying professions which any woman can enter.

Attractive Features of the Work

The most inspiring part of the work is the privilege of assisting in the wonderful results which are being accomplished by Physicians and Surgeons, and other leaders in the field of research and practical medicine. The nurse's work is the most essential part of all these activities; and so she has a vital interest in every detail connected with them.

Institutional Work

As Superintendent of a hospital, or a school of nursing, as head nurse in hospital wards or operating rooms, as supervisor of dispensaries and clinics, there are always opportunities for rapid advancement.

Educational Work

As a Nurse Instructor in schools of Nursing and as an instructor in Red Cross Course in "Home Care of the Sick," the demand far exceeds the supply.

Public Health

As visiting, school, child welfare, medical, social service and industrial nurse, there are unlimited opportunities for full expression and use of all one's intellectual faculties, executive ability and instinct of service.

Private Duty

As a private duty nurse, the scope for usefulness is boundless. Contact with the individual and the family and her service to them makes her a strong influence in the Public Health of the Community.

Government Service

As an Army, Navy, Federal Public Health, or Red Cross Nurse, a young woman may serve her country in peace and in war, at home and abroad.

Missionary Work

Home Missions in Labrador, Alaska, Mountain Regions of the South, and the Indian Reservations need nurses. Foreign missions in China, India, the Near East and elsewhere call unceasingly for nurses.

Home Life

As a mother, wife, or sister, a nurse's training lays the best possible preparation for a satisfactory family life.

THE RUTLAND HOSPITAL SCHOOL OF NURSING

GENERAL STATEMENT

The School of Nursing is an integral part of the hospital and is under the same government. The Rutland Hospital is a general hospital and offers opportunity for a good practical experience in medical, surgical, children, obstetrical, and operating room.

The School is registered with the State of Vermont and graduates are eligible to State Board examinations leading to the title of R. N. (Registered Nurse).

THEORETICAL AND PRACTICAL TRAINING

The course of instruction covers a period of three years including the four months preliminary period; the theoretical knowledge being provided in lectures, demonstrations and classes.

EDUCATION

The minimum educational requirement is four years of High School. Candidates who have been graduated from approved colleges, and who bring satisfactory scientific ground-work, are given credit for same.

PHYSICAL REQUIREMENTS

Candidates must be of average health, weight and good physique. A physical examination is given each applicant before entrance.

ADMISSION REQUIREMENTS

Application for admission should be made to the Principal of the School of Nursing by letter or in person. The Principal will see candidates by appointment.

DISCIPLINE

The rules of the School of Nursing are such as any self-respecting, earnest woman will recognize as embodying only those requirements that are fair and necessary in an institution of this kind. These are made known to the student upon her arrival and she is responsible to the officers of the school for her conduct while in training.

EXPENSES

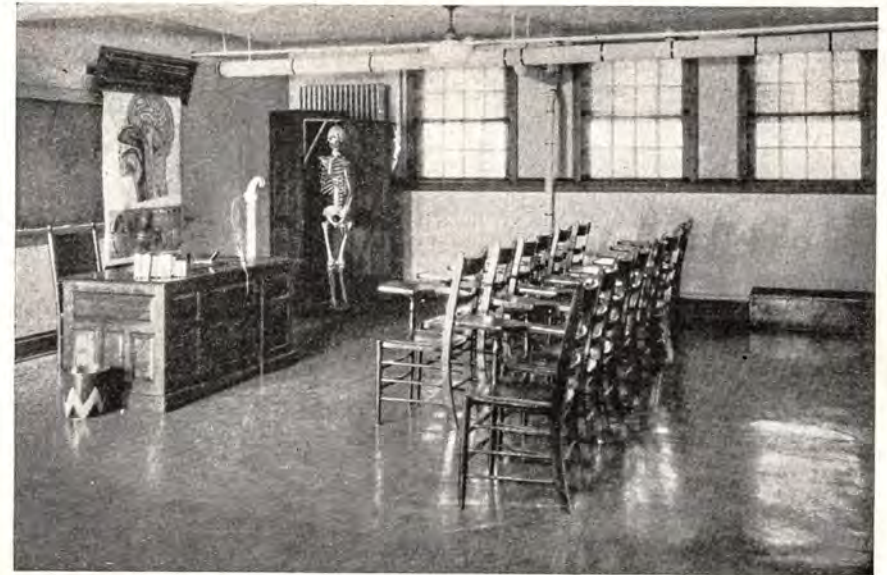
Candidates, before entrance, provide themselves with uniforms. No allowance is given. Books are furnished.

HOURS OF DUTY

The hours of duty are from 7:00 A. M. to 7:00 P. M. with three hours each day for rest, recreation and study; one-half day each week and four hours on Sunday, with extra time on Holidays.

RELIGION

The School is non-sectarian, but all students are requested to be present at morning prayers, 6:50 A. M., and are given time on Sundays to attend the place of worship they prefer.



CLASS ROOM

ILLNESS

Students are cared for gratuitously and receive professional treatment from the physician or surgeon of the school. Time lost through illness or other reasons must be made up.

VACATION

of four weeks is allowed each year.

RESIDENCE

urses' Home is a separate building, containing sleeping apart-
ment-rooms, reference library, science laboratory, dietetic labora-
tory, all laundry and diet kitchen.

PROBATIONARY PERIOD

At four months of probation which coincide with the preliminary to enable the applicant to decide definitely whether she really is fit for nursing to complete the three years' course; also to enable the principal of the school to determine whether the applicant is adapted to the work and qualified to make a success of it. These four months are not the three years.

TEACHING EQUIPMENT

provided for the theoretical and practical instruction of the student. The building includes class, lecture and demonstration room; dietetic and bacteriology laboratories and reference library.

For demonstration purposes a ward unit is maintained consisting of beds, bed furniture, medicine closet, utility and linen rooms. Here the student is taught and practices the technique of each procedure before being permitted to perform these duties for the patient. In the class room, skeletons and manikins are provided.

AFFILIATION

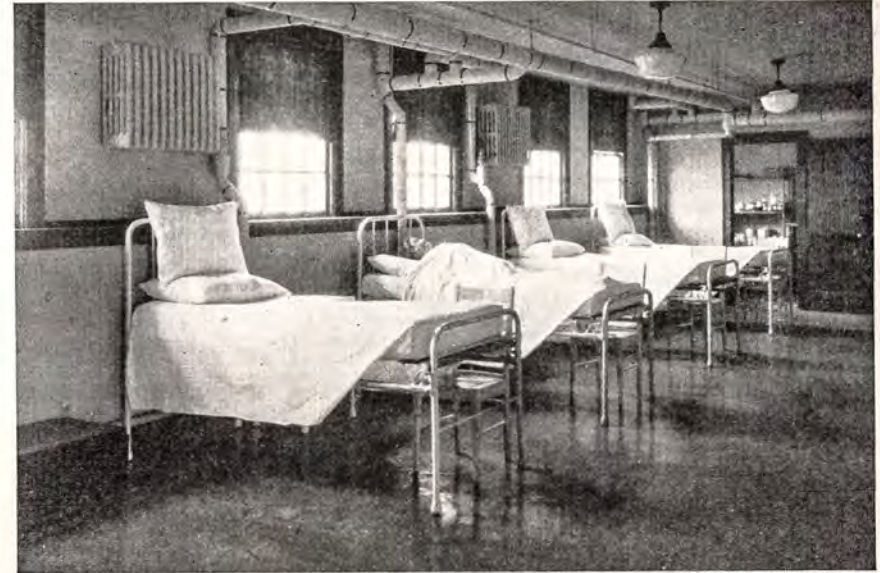
ool is affiliated for Pediatrics with the Jersey City Hospital of N. J., for three months during the third year.

DIPLOMA AND REGISTRATION

Examinations are held at the termination of each subject. 75% is required in each subject. The diploma of the school is awarded to those who have completed the full three years and have maintained throughout the course satisfactory standards and conduct. This diploma admits the graduate to the State Board of Nurses examinations for the degree of R. N.

ADMISSION EQUIPMENT

A list of articles necessary for each prospective nurse will be mailed her upon acceptance of her application.



DEMONSTRATION WARD UNIT

INSTRUCTION

Facilities are provided for theoretical and practical instruction including laboratories, class and demonstration rooms.

The instruction is under the direction of a corps of especially qualified teachers, who correlate the theoretical instruction with clinical work upon the wards.

Subject	1st Year	2nd Year	3rd Year
Anatomy and Physiology	90		
Bacteriology	45		
Case Studies	15		
Chemistry	45		
Communicable Diseases		20	
Diet in Disease	15		
Drugs and Solutions	20		
Emergency and First Aid Nursing		15	
Ethics of Nursing	15		
Eye, Ear, Nose, and Throat Nursing		10	
Gynecology		15	
History of Nursing	15		
Hygiene and Sanitation			15
Massage	15		
Materia Medica	30		
Medical Diseases and Nursing		30	
Mental and Nervous Diseases		30	
Modern Social Problems			30
Nutrition and Cookery	45		
Obstetrics and Nursing		30	
Oral Hygiene			5
Orthopedics		10	
Pathology		15	
Pediatrics		20	
Personal Hygiene	15		
Principles and Practice of Nursing	120		
Psychology	30		
Skin and Venereal Diseases			10
Surgical Diseases and Nursing		30	
Surgical Technic		10	
Survey of Nursing and Professional Problems			30
Urology			6
Total Number of Hours per Year	515	235	96
Total Number of Hours for Three Years	846		

THE
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OF
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Rutland, Vermont



olden

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NEW WING OF HOSPITAL

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REQUIREMENTS FOR ADMISSION

A. ACADEMIC REQUIREMENTS

1. Graduation from an accredited high school or equivalent credits. Persons holding College credits in addition to high school are encouraged, also to apply.
2. Rating—upper half of high school class, average grade of 80%.
3. Two years of science, one of which must be chemistry.
4. Recommendations for the content of the high school course:
 - a. Requisites

English	4 years	7½ units
Science	2 years	4 units
		2 units
(1) Biology or General Science		
(2) Chemistry		
Mathematics	1 year	1 unit
History	1 year	1 unit
Civics	½ year	½ unit
 - b. Electives



CHILDREN'S WARD

It is recommended that at least two years of a foreign language be included. Latin is very helpful as a foundation for medical and nursing terminology. Algebra, geometry, general mathematics or commercial arithmetic are recommended.

Students who hope to take college work after completing the courses given in the School of Nursing should include algebra, geometry and at least two years of one foreign language in their high school program.

B. PHYSIQUE AND AGE

1. Applicants should be at least five feet tall and of average weight for her height. A health certificate will be provided and is to be filled out by the applicant's personal physician. Physical examinations by the School's own physician are held previous to acceptance of the candidate. If at this time the report on physical condition indicates the presence of a health hazard for one engaged in nursing work, it will be necessary to reject the application. Applicants must have their teeth in perfect order and have an active vaccination against small pox.
2. Eighteen years is the minimum age for entrance. Candidates who can arrange to have two or more years of college or other maturing experience are advised to do so. It would be well to consult the School for advice as to types of course etc., which would be of value in nursing.

C. CIVIL STATE

The school does not consider for application any applicant who is married, widowed or divorced. Students who marry before they complete the course automatically disqualify themselves as candidates for a diploma.

D. PREVIOUS TRAINING

The school does not consider for application any applicant who has had previous training as a nurse.

EXPENSES

The applicant must be prepared to pay for one-half the cost of books, and provide herself with uniforms and shoes.

Throughout the course, the student will be maintained by the hospital without expense for board, room and laundry. Other expenses for clothing, recreation, etc., should be provided by a personal budget or allowance, estimated by some nurses to be in the vicinity of \$10.00 per month. No financial compensation is given.

If because of failure it is necessary for a student to repeat an examination, a charge of \$1.00 will be made. If it is necessary to repeat a course a charge of \$5.00 will be made.

HEALTH

A health service is maintained for students. There is a yearly check up with x-ray of the chest for all students, and more frequent x-rays for those found below par. The student's feet are examined by an orthopedic surgeon, who will prescribe the type of shoes to be worn.

Every effort is made to safeguard the health and general welfare of the students. The individual must further observe such hygienic measures as the school may prescribe from time to time. Students when ill are cared for without charge, for a reasonable length of time. The cost of dental care must be borne by the student.

Weights are recorded monthly.

The school cannot assume financial responsibility for extended care of illness that may result from defects or conditions that existed before entrance, or for illnesses of a chronic nature. As this hospital does not admit patients with contagious diseases, any students who contract these diseases are cared for outside the hospital. It is generally the policy of this hospital to pay for this care.



AFTERNOON TEA

HABITS

Smoking in our Nurses Home by student nurses is not prohibited. Drinking by student nurses in the Nurses Home or any public place is prohibited. Nurses coming in under the effects of alcoholics will be dismissed.

The Training School authorities wish in all ways to cooperate with parents in the best training of their daughters, and it is felt that what ever habits the young ladies establishes should be only with the full approval of her parents.

RECREATION

The Nurses' Home offers a variety of social activities for the student nurses such as basketball, dancing, and special parties. The students have the privilege of a cottage at Lake Bomoseen for one month during the summer.

RELIGION

All nurses are urged to attend regularly the place of worship which they prefer. No services are held in connection with the school, except the morning prayer daily at 6:50 A. M., which all students are required to attend.

VACATIONS AND ABSENCES

Twelve weeks of vacation are allowed during the course. The time at which vacations are given is subject to the needs of the hospital and the educational program of the student. Other absences are not allowed except for extreme causes, as critical illness in her immediate family. Students must be free from the necessity of nursing members of their own family and from other home duties during their course of training.

Time lost due to illness or other causes must be made up. If loss of time occurs during class sessions, affecting the student's progress in her theoretical work, the time fixed for her return is determined by the Principal of the School.

CONTINUATION AND WITHDRAWAL

Peculiar aptitudes are necessary for success in nursing. Therefore the Principal of the School with the Training School Committee decide upon the nursing aptitude of the student at the end of the preliminary period. If she seems to give promise of success in nursing, she becomes an accepted member of the student body and receives her cap, which is a badge of accomplishment. She then advances as she satisfactorily completes the assignments in study and experience until her last year, at which time she receives her black band and white shoes. The Principal of the School in agreement with the Training School Committee may at any time terminate the connection of a student with the school for misconduct, neglect of duty, inefficiency, unsatisfactory class work, or if physically and temperamentally unfit for nursing.

AFFILIATION

All senior students are granted the privilege of a three months' affiliation in Pediatric Nursing with the Childrens' Hospital of Montreal, Canada.

GRADUATION

The diploma and the pin of the school will be awarded to those who have successfully completed the course. The required average in each branch of work must be maintained throughout the term of three years.

Graduation from the school makes the nurse eligible to membership in the Alumnae Association. This membership makes her a member of the American Nurses Association and eligible for enrollment in the Red Cross Nursing Service.

Immediately upon graduation a nurse is expected to file her application to take the state board examinations either in Vermont or in any other state where she may expect to nurse. This will enable her to practice as a "Registered Nurse."

SCHOLARSHIP

First and second prizes of \$5.00 and \$10.00 each respectively are given to students who maintain first or second grades in four of the subjects which are taught during their training.



ONE OPERATION ROOM

LOAN FUND

A loan fund of \$300.00 is offered by the Ladies' Hospital Aid Society and a possible like sum by the Alumnae Association of The Rutland Hospital to students after enrollment through the preliminary course, if they have demonstrated ability to maintain the required standards.

MISCELLANEOUS

Students are subject to any subsequent change in policy which the school may authorize or see fit to make.

APPLICATIONS

Preliminary students are admitted in September and February.

Applications may be made either in writing or by a personal interview with the Principal of the School.

INSTRUCTORS

The regular medical and nursing staff teach the courses to the student nurses while specialists are engaged to teach such subjects as chemistry, bacteriology, psychology, psychiatry, massage, and materia medica. The course in theoretical instruction follows closely that which is outlined by the National League of Nursing Education.

DESCRIPTION OF COURSES

THE BIOLOGICAL AND PHYSICAL SCIENCES

ANATOMY AND PHYSIOLOGY (120 hours)

This course consists of lectures, recitations, demonstrations and laboratory work, and is designed to give the student an understanding of the human body structure, gross and microscopic, its development and functions.

MICROBIOLOGY (45 hours)

Lectures, recitations and laboratory instruction, to help the pupil to understand the characteristics of micro-organisms so she will appreciate the necessity of careful technique and asepsis in all branches of her work.

CHEMISTRY (60 hours)

The purpose of this course is to present those general principles of chemistry, inorganic, organic and physiological, which give the necessary foundation for practical courses such as nutrition, dietetics, materia medica, etc., which are more or less directly dependent upon a basis of chemical theory.

SOCIAL SCIENCE

PSYCHOLOGY (30 hours)

Lectures and recitations. To give the student an understanding of the fundamental principles of psychology as applied to her work. To guide her in controlling her own mental habits and in appreciating the variations from the normal in diseased conditions.

SOCIOLOGY (15 hours)

It is planned to offer this course in the near future. At present the social aspect in caring for the sick is emphasized in all nursing classes and in the clinical experience of the student.

SOCIAL PROBLEMS IN NURSING SERVICE (16 hours)

Lectures given by the medical social workers in the state covering the social factors, economic, civil and ethical.

HISTORY OF NURSING (30 hours)

The course familiarizes the student with the background of nursing. It shows how traditions have grown and how they have influenced nursing.

PROFESSIONAL ADJUSTMENTS I (15 hours)

To encourage an appreciation of the professional obligations of the nurse for herself and for the standards of the professional group as a whole. To learn methods of adjusting to situations in hospital and nursing work that will result in an improved quality of professional service.

PROFESSIONAL ADJUSTMENTS II (30 hours)

The course aims to present to the older students the opportunities and responsibilities of the graduate nurse.

PARLIAMENTARY LAW (8 hours)

A course of lectures and demonstrations dealing with parliamentary practices especially as applicable in nursing organizations.

MEDICAL SCIENCE

PHARMACOLOGY AND THERAPEUTICS (30 hours)

To give the student an understanding of her responsibility in the administration of drugs; methods necessary for administration, recording and reporting effects, results of indiscriminate use of drugs, and the importance of keeping up to date in relation to drug therapy.

PATHOLOGY (15 hours)

The course deals with the changes which occur in the structure and function of the body during pathological processes, and a discussion of the meaning of the laboratory reports on the clinical charts.

PUBLIC SANITATION (12 hours)

This course is designed to acquaint the student with methods for state municipal and rural hygiene, food supply, waste disposal, the control and prevention of disease and the meaning of vital statistics. Opportunity is given for excursions into the field.

NURSING AND ALLIED ARTS

INTRODUCTION TO NURSING ARTS (140 hours)

Lectures, recitations, demonstrations, practice, to give a clear understanding of the fundamental principles which underlie all good nursing. To develop habits of observation, system and manual dexterity and to establish uniform and finished technique.

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NUTRITION AND COOKERY (45 hours)

The object of this course is to give the student a fundamental knowledge of the composition and value of various foods for the normal, healthy individual that she may appreciate the importance of dietary treatments.

PERSONAL HYGIENE (15 hours)

A consideration of the factors involved in maintaining the proper functioning of the human body from both physical and mental standpoints. Special emphasis is put on the establishment of desirable health habits for the nurse herself.

DRUGS AND SOLUTIONS (20 hours)

A study of the methods used in preparing solutions and in administering doses of medicine ordered by the doctor. Lectures, demonstrations and laboratory work.

MASSAGE (15 hours)

This course teaches the nurse the elementary principles of massage that are needed in ordinary nursing duties. It does not prepare for special work. Lectures, demonstrations, practice.

DIET THERAPY (15 hours)

The course consists of the study of the various dietary regimes recommended for use in the treatment of different types of disease. It aims to teach the nurse how to apply the fundamental principles of cookery and nutrition to the treatment of these diseases.

MEDICAL NURSING (30 hours)

This course presents the etiology, pathology, symptoms, treatment and care of the common medical diseases from a nursing standpoint.

SURGICAL NURSING (30 hours)

A study of the surgical aspects of disease from a nursing standpoint. Special consideration is given to the nursing care of patients before and after operation and following accidents.

OBSTETRICAL NURSING (30 hours)

A consideration of prenatal care, normal and abnormal pregnancy, nursing care during labor and the puerperium. Attention is also given to the nursing of normal infants, premature infants and to the common disorders of the newborn.

PEDIATRIC NURSING (Exclusive of affiliation) (25 hours)

This course aims to teach the nurse how to care for the sick and well infant. It also teaches the principles and methods of preparing dietary formulas.

PSYCHIATRIC NURSING (30 hours)

A course of lectures and classes, with clinics at state institutions to give the student nurse an appreciation of relationship between mental and physical illness. To teach the underlying causes of mental disease, modern methods of treatment and to endeavor to overcome the stigma attached to mental illness.

OPERATING ROOM TECHNIC (16 hours)

A course introducing the student to the methods and procedures used in preparing for and assisting with operations. Lectures, recitations, demonstrations.

COMMUNICABLE DISEASES (30 hours)

The common communicable diseases are discussed in this course, together with the proper methods of prophylaxis, treatment, and the technique of isolation.

EYE, EAR, NOSE AND THROAT NURSING (15 hours)

This course presents the common diseases affecting the eye, ear, nose and throat and the nursing knowledge needed.

FIRST AID AND EMERGENCY NURSING (15 hours)

The principles of first aid are taught through class instruction and demonstrations.

GYNECOLOGIC NURSING (10 hours)

This course consists of lectures and class work on the diseases of women and the various forms of treatment used in these conditions.

ORTHOPEDIC NURSING (20 hours)

Lectures, and nursing classes are given relative to the cause, prevention, and correction of deformities. The importance of factors peculiar to the nursing care of orthopedic patients is emphasized and the student is taught the application and the care of apparatus used in orthopedic work.

UROLOGIC NURSING (10 hours)

Lectures which include the method of diagnosis and treatment of the most common diseases of the urinary tract as well as the nursing care are covered in these periods.

NURSING ARTS ADVANCED (20 hours)

To round out the student's previous experience especially in medical and surgical nursing, with emphasis on the nursing of patients who present difficult nursing problems.

CASE STUDIES (15 hours)

The instruction in the technic of the case study methods, as applied to nursing, is given by means of lecture and discussions. An effort is made to acquaint the student with the method of preparing and the value of using case studies. A case study is written by each student and additional case study assignments are given during her ward experience.

ORAL HYGIENE (8 hours)

This course deals with the pathological condition of the oral cavity, and of the teeth.

SKIN AND VENEREAL (10 hours)

Lectures on venereal diseases and diseases of the skin with special emphasis on some of the common ones.

*Property of Recorder -
Training School Office -*

THE
SCHOOL OF NURSING

OF

The Rutland Hospital

RUTLAND, VERMONT



Circular of Information

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NURSES' HOME

NEW WING OF HOSPITAL



RECEPTION ROOM



DEMONSTRATION WARD UNIT

PURPOSE OF NURSING EDUCATION

The purpose of our present system of Nursing Education is three-fold—medical, social and educational. To accomplish this end, the student cannot obtain from textbooks, lectures, and recitations the ability to coordinate these three aims. She must work with people, cultivate keen powers of observation and learn to decide and act promptly. Three years' experience in actual contact with sick people is essential to give the student sufficient background to enable her to be of value to the public. At one time the scope of the field for the graduate was limited to two main branches, the hospital and the home. Now, over thirty distinct active branches are open, each one presenting to the graduate registered nurse a wide range of interest and opportunity for success. Hospitals, Homes, Factories, Schools, Colleges, Shops, Public Health, Infant, Welfare, Visiting Nurses' Associations, Missionary Service, American Red Cross, Army, Navy and Air Service, are only a few of the many calls for registered nurses.

The nurse has been called "the foster mother of the race." Saleeby in his "Surgery and Society" says: "Wherever and whenever there is a life to be tended, nourished or nursed, educated and saved, whether the life be yet unborn or new born, senile or ill, there is the field for womanhood exercising its great function of foster motherhood."

Most important of all, Nursing Education prepares the student to be a competent wife and mother. From health standpoint, the student in a well-conducted school finds herself in a better condition when she graduates than when she registered. Regular hours of work and recreation, plain wholesome food and physical activities all offset the disadvantages usually arising from an indoor life.

GENERAL STATEMENT

The School of Nursing is an integral part of the hospital and is under the same government. The Rutland Hospital which is a general hospital of 160 beds, was incorporated in 1892, and opened its school for the training of nurses in 1896.

The School is registered with the State of Vermont and graduates are eligible to State Board examinations leading to the title of R. N. (Registered Nurse).

It is the aim of the School so far as is possible to meet the requirements as outlined by the National League of Nursing Education.

The Nurses' Residence is equipped with all the modern conveniences and comforts, having in addition to 60 sleeping rooms (some of which are shared with another nurse) a new medical library, two large reception rooms (with fireplaces, radio and piano) comfortably furnished for entertainment of friends. There are classrooms, a science laboratory, diet laboratory, and a Demonstration Room. Also a kitchenette and laundry for the nurses' private use.

THE NURSING COURSE

The school endeavors to give its nurses a broad general foundation for any of the specialized branches open to the nursing profession. The course of study covers a period of three years and is divided into preliminary, junior, intermediate and senior terms.

During the preliminary term only a small amount of practice is given on the hospital wards. Most of the student's time is spent in the class room where she is given an introduction to the sciences which form a foundation for nursing and is taught some of the fundamentals of nursing care. Opportunity is given for practice so she can acquire the necessary dexterity. The number of hours spent in class and on duty during this term averages about 40 a week which allows ample time for the preparation of lessons and for recreation. After this the length of time on duty is increased and the amount of time spent in the class room is decreased.

This preliminary term enables the applicant to decide definitely whether she cares enough for nursing to complete the course. It also give the Principal and Faculty an opportunity to judge whether the student is adapted to the work and qualified to make a success of nursing. The right is reserved to ask a student to terminate connection with the school any time either during the preliminary period or later, if she is not doing satisfactory work.

Instruction given to students in the clinical subjects includes lectures, recitations, discussions, demonstrations and conferences. This instruction is given by specially prepared persons and is carried on in the class rooms or on the wards and in groups or individually as seems indicated as the remedial aspect of nursing is emphasized and attention is given to the function of the nurse as a teacher of health.

Examinations are held at different periods, those upon special subjects being conducted by the instructors at the close of each course. They are both written and oral and include practical tests. The standing of the student is based upon the general character of work throughout the year as well as the results of the examination. In case a student fails in one subject she may be allowed to repeat this course provided her record in other ways is sufficiently satisfactory. Second examinations are permitted in three subjects. Charges are made for repetition of courses as well as second examinations. In order to readjust her schedule to include this additional work, it may be necessary to increase the length of her course. When a subject is repeated a student is expected to do exceptionally well and a second failure results in automatic dismissal.

Attendance is required at all classes. Absences are excused only in cases of illness or absence from the school. Unexcusable absences from classes must be made up by the student at an expense to be met by her.

Nurses after the preliminary term are on duty from 7 a.m. to 7 p.m. They are allowed four hours off duty daily and are off duty one day during the week.

The rules of the School are such as any self-respecting, earnest woman will recognize as embodying only requirements that are fair and necessary in an institution of this kind. These are made known to the student upon her arrival and she is responsible to the officers of the school for her conduct while in training.

REQUIREMENTS FOR ADMISSION

A. ACADEMIC REQUIREMENTS

1. Graduation from an accredited high school or equivalent credits. Persons holding College credits in addition to high school are encouraged, also, to apply.
2. Rating—upper half of high school class, average grade of 80%.
3. Two years of science, one of which must be chemistry.
4. Recommendations for the content of the high school course:
 - a. Requisites 8½ units

English	4 years	4 units
Science	2 years	2 units
(1) Biology or General Science		
(2) Chemistry		
Mathematics	1 year	1 unit
History	1 year	1 unit
Civics	½ year	½ unit
 - b. Electives 6½ units



LIBRARY

It is recommended that at least two years of a foreign language be included. Latin is very helpful as a foundation for medical and nursing terminology. Algebra, geometry, general mathematics or commercial arithmetic are recommended.

Students who hope to take college work after completing the courses given in the School of Nursing should include algebra, geometry and at least two years of one foreign language in their high school program.

B. PHYSIQUE AND AGE

1. Applicants should be at least five feet tall and of average weight for her height. A health certificate will be provided and is to be filled out by the applicant's personal physician. Physical examinations by the School's own physician are held previous to acceptance of the candidate. If at this time the report on physical condition indicates the presence of a health hazard for one engaged in nursing work, it will be necessary to reject the application.

Applicants must have their teeth in perfect order and have an active vaccination against small pox.

2. Eighteen years is the minimum age for entrance. Candidates who can arrange to have two or more years of college or other maturing experience are advised to do so. It would be well to consult the School for advice as to types of course, etc., which would be of value in nursing.

C. CIVIL STATE

The school does not consider for application any applicant who is married, widowed or divorced. Students who marry before they complete the course automatically disqualify themselves as candidates for a diploma.

D. PREVIOUS TRAINING

The school does not consider for application any applicant who has had previous training as a nurse.

EXPENSES

Tuition \$50.00, payable on entrance.

The applicant must be prepared to pay for the cost of all books, and provide herself with uniforms and shoes.

Throughout the course, the students will be maintained by the hospital without expense for board, room and laundry. Other expenses for clothing, recreation, etc., should be provided by a personal budget or allowance, estimated by some nurses to be in the vicinity of \$10.00 per month. No financial compensation is given.

If because of failure it is necessary for a student to repeat an examination, a charge of \$1.00 will be made. If it is necessary to repeat a course a charge of \$5.00 will be made.

HEALTH

A health service is maintained for students. There is a yearly check up with x-ray of the chest for all students, and more frequent x-rays where indicated.

Every effort is made to safeguard the health and general welfare of the students. The individual must further observe such hygienic measures as the school may prescribe from time to time. Students when ill are cared for without charge, for a reasonable length of time. The cost of dental care must be borne by the student.

Weights are recorded monthly.

The school cannot assume financial responsibility for extended care of illness that may result from defects or conditions that existed before entrance, or for illnesses of a chronic nature, or illness which requires hospitalization elsewhere. As this hospital does not admit patients with contagious diseases, any students who contract these diseases are cared for outside the hospital. It is generally the policy of this hospital to pay for this care.



AFTERNOON TEA

HABITS

Smoking in our Nurses' Home by student nurses is not prohibited. Drinking by student nurses in the Nurses' Home or any public place is prohibited. Nurses coming in under the effects of alcoholics will be dismissed.

The Training School authorities wish in all ways to cooperate with parents in the best training of their daughters, and it is felt that what ever habits the young ladies establish should be only with the full approval of their parents.

RECREATION

The Nurses' Home offers a variety of social activities for the student nurses such as basketball, dancing, and special parties. The students have the privilege of a cottage at Lake Bomoseen for one month during the summer.

RELIGION

All nurses are urged to attend regularly the place of worship which they prefer. No services are held in connection with the school, except the morning prayer daily at 6:30 A.M., which all students are required to attend.

VACATIONS AND ABSENCES

Nine weeks of vacation are allowed during the course. The time at which vacations are given is subject to the needs of the hospital and the educational program of the student. Other absences are not allowed except for extreme causes, as critical illness in her immediate family. Students must be free from the necessity of nursing members of their own family and from other home duties during their course of training.

Time lost due to illness or other causes must be made up. If loss of time occurs during class sessions, affecting the student's progress in her theoretical work, the time fixed for her return is determined by the Principal of the School.

CONTINUATION AND WITHDRAWAL

Peculiar aptitudes are necessary for success in nursing. Therefore the Principal of the School with the Training School Committee decide upon the nursing aptitude of the student at the end of the preliminary period. If she seems to give promise of success in nursing, she becomes an accepted member of the student body and receives her cap, which is a badge of accomplishment. She then advances as she satisfactorily completes the assignments in study and experience until her last year, at which time she receives her black band and white shoes. The Principal of the School in agreement with the Training School Committee may at any time terminate the connection of a student with the school for misconduct, neglect of duty, inefficiency, unsatisfactory class work, or if physically and temperamentally unfit for nursing.

AFFILIATION

All students are granted the privilege of a three-months' affiliation in Pediatric Nursing with the Children's Hospital of Montreal, Canada.

GRADUATION

The diploma and the pin of the school will be awarded to those who have successfully completed the course. The required average in each branch of work must be maintained throughout the term of three years.

Graduation from the school makes the nurse eligible to membership in the Alumnae Association, the American Nurses' Association, and the Red Cross Nursing Service.

Immediately upon graduation a nurse is expected to file her application to take the state board examinations either in Vermont or in any other state where she may expect to nurse. This will enable her to practice as a "Registered Nurse."

SCHOLARSHIP

First and second prizes of \$10.00 and \$5.00 each respectively are given to students who maintain first or second grades in four of the subjects which are taught during their training.



ONE OPERATING ROOM

MISCELLANEOUS

Students are subject to any subsequent change in policy which the school may authorize or see fit to make.

APPLICATIONS

Preliminary students are admitted in September and February.

Applications may be made either in writing or by a personal interview with the Principal of the School.

INSTRUCTORS

The regular medical and nursing staff teach the courses to the student nurses while specialists are engaged to teach such subjects as chemistry, microbiology, psychology, psychiatry, massage, and materia medica.

DESCRIPTION OF COURSES

FORMAL CLASSROOM-CLINICAL HOURS NOT INCLUDED

THE BIOLOGICAL AND PHYSICAL SCIENCES

ANATOMY AND PHYSIOLOGY (90 hours)

This course consists of lectures, demonstrations and laboratory work, and is designed to give the student an understanding of the human body structure, gross and microscopic, its development and functions.

MICROBIOLOGY (45 hours)

Lectures, recitations and laboratory instruction, to help the pupil to understand the characteristics of micro-organisms so she will appreciate the necessity of careful technique and asepsis in all branches of her work.

CHEMISTRY (60 hours)

The purpose of this course is to present those general principles of chemistry, inorganic, organic and physiological, which give the necessary foundation for practical courses such as nutrition, dietetics, materia medica, etc., which are more or less directly dependent upon a basis of chemical theory.

SOCIAL SCIENCE

PSYCHOLOGY (30 hours)

To give the student an understanding of the fundamental principles of psychology as applied to her work. To guide her in controlling her own mental habits and in appreciating the variations from the normal in diseased conditions.

SOCIOLOGY (30 hours)

Designed to provide a background of knowledge that will help the nurse to better understand her patients and the families from which they come.

SOCIAL PROBLEMS IN NURSING SERVICE (16 hours)

Lectures given by the medical social workers in the state covering the social factors, economic, civil and ethical.

HISTORY OF NURSING (18 hours)

The course familiarizes the student with the background of nursing. It shows how traditions have grown and how they have influenced nursing.

PROFESSIONAL ADJUSTMENTS I (15 hours)

To encourage an appreciation of the professional obligations of the nurse for herself and for the standards of the professional group as a whole. To learn methods of adjusting to situations in hospital and nursing work that will result in an improved quality of professional service.

PROFESSIONAL ADJUSTMENTS II (26 hours)

The course aims to present to the older students the opportunities and responsibilities of the graduate nurse.

PARLIAMENTARY LAW (8 hours)

A course of lectures and demonstrations dealing with parliamentary practices especially as applicable in nursing organizations.

MEDICAL SCIENCE

PHARMACOLOGY AND THERAPEUTICS (50 hours) - 30
20

To give the student an understanding of her responsibility in the administration of drugs; methods necessary for administration, recording and reporting effects, results of indiscriminate use of drugs, and the importance of keeping up to date in relation to drug therapy.

PATHOLOGY (20 hours)

The course deals with the changes which occur in the structure and function of the body during pathological processes, and a discussion of the meaning of the laboratory reports on the clinical charts.

PUBLIC SANITATION (12 hours)

This course is designed to acquaint the student with methods for state municipal and rural hygiene, food supply, waste disposal, the control and prevention of disease and the meaning of vital statistics. Opportunity is given for excursions into the field.

NURSING AND ALLIED ARTS

INTRODUCTION TO NURSING ARTS (140 hours)

Lectures, recitations, demonstrations, practice, to give a clear understanding of the fundamental principles which underlie all good nursing. To develop habits of observation, system and manual dexterity and to establish a uniform and finished technique.

NUTRITION AND COOKERY (30 hours)

The object of this course is to give the student a fundamental knowledge of the composition and value of various foods for the normal, healthy individual that she may appreciate the importance of dietary treatments.

PERSONAL HYGIENE (10 hours)

A consideration of the factors involved in maintaining the proper functioning of the human body from both physical and mental standpoints. Special emphasis is put on the establishment of desirable health habits for the nurse herself.

DRUGS AND SOLUTIONS (12 hours)

A study of the methods used in preparing solutions and in administering doses of medicine ordered by the doctor. Lectures, demonstrations and laboratory work.

DIET THERAPY (30 hours)

The course consists of the study of the various dietary regimes recommended for use in the treatment of different types of disease. It aims to teach the nurse how to apply the fundamental principles of cookery and nutrition to the treatment of these diseases.

MEDICAL NURSING (24 hours)

This course presents the etiology, pathology, symptoms, treatment and care of the common medical diseases from a nursing standpoint.

SURGICAL NURSING (24 hours)

A study of the surgical aspects of disease from a nursing standpoint. Special consideration is given to the nursing care of patients before and after operation and following accidents.

OBSTETRICAL NURSING (30 hours)

A consideration of prenatal care, normal and abnormal pregnancy, nursing care during labor and the puerperium. Attention is also given to the nursing of normal infants, premature infants and to the common disorders of the newborn.

PEDIATRIC NURSING (Exclusive of affiliation) (10 hours)

This course aims to teach the nurse how to care for the sick and well infant. It also teaches the principles and methods of preparing dietary formulas.

PSYCHIATRIC NURSING (30 hours)

A course of lectures and classes, with clinics at state institutions to give the student nurse an appreciation of relationship between mental and physical illness. To teach the underlying causes of mental disease, modern methods of treatment and to endeavor to overcome the stigma attached to mental illness.

OPERATING ROOM TECHNIC (12 hours)

A course introducing the student to the methods and procedures used in preparing for and assisting with operations. Lectures, recitations, demonstrations.

COMMUNICABLE DISEASES AND TUBERCULOSIS (26 hours)

The common communicable diseases are discussed in this course, together with the proper methods of prophylaxis, treatment, and the technique of isolation.

EYE, EAR, NOSE AND THROAT NURSING (9 hours)

This course presents the common diseases affecting the eye, ear, nose and throat and the nursing knowledge needed.

FIRST AID AND EMERGENCY NURSING (20 hours)

The principles of first aid are taught through class instruction and demonstrations.

GYNCOLOGIC NURSING (15 hours)

This course consists of lectures and class work on the diseases of women and the various forms of treatment used in these conditions.

ORTHOPEDIC NURSING (10 hours)

Lectures, and nursing classes are given relative to the cause, prevention and correction of deformities. The importance of factors peculiar to the nursing care of orthopedic patients is emphasized and the student is taught the application and the care of apparatus used in orthopedic work.

UROLOGIC NURSING (12 hours)

Lectures which include the method of diagnosis and treatment of the most common diseases of the urinary tract as well as the nursing care are covered in these periods.

NURSING ARTS ADVANCED (20 hours)

To round out the student's previous experience especially in medical and surgical nursing, with emphasis on the nursing of patients who present difficult nursing problems.

CASE STUDIES (12 hours)

The institution in the technic of the case study methods, as applied to nursing, is given by means of lecture and discussions. An effort is made to acquaint the student with the method of preparing and the value of using case studies. A case study is written by each student and additional case study assignments are given during her ward experience.

ORAL HYGIENE (8 hours)

This course deals with the pathological condition of the oral cavity, and of the teeth.

DERMATOLOGY (10 hours)

Lectures on diseases of the skin with special emphasis on some of the common ones.

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